CHAIRMAN'S INTRODUCTION.

As this is the first issue of Renaissance this year, I would like to wish you all a satisfying and peaceful 2020.

We have three holidays arranged this year. The walking holiday at Sedburgh and the new Gentle walking holiday at Lulworth are already full. However some more rooms have been released for the Discovery Tour at Abingworth near the South Downs (please see the details on page 8).

A coach has been booked to take members to Sutton Hoo near Woodbridge where the National Trust has upgraded its facilities to see the Anglo-Saxon ship burials. A History Group outing has been arranged to see the historic library collection at the John Innes Institute and the Garden Group has outings to Hoveton Hall and Gardens plus a return visit to Dale Farm. Please support these outings. You are also welcome at all our other activities.

John Johnson

A Note from the Treasurer

Thank you all for renewing your 2020 memberships so promptly. The exercise is now completed and any members whose membership has lapsed do not receive this Renaissance. A few facts and figures (the figures in brackets are the comparable figures for 2019):-

234 (243) members renewed by 31st December so it was only necessary to send 33 (37) reminders to jog memories. At 30th January membership is 250 (262) which represents 100 (104) individual members and 75 (79) joint members.

Denis Brown

As you see from our Treasurer's note above, our overall membership numbers have gone down again this year, a trend we have seen in recent years. If you know someone who is eligible, perhaps a former colleague at UEA or one of the affiliated institutes, please encourage them to join us and help the Association to continue to thrive.

Editor
NOTICE BOARD

GENERAL DATA PROTECTION REGULATIONS 2018

The new General Data Protection Regulations came into force on 25 May 2018. To comply with these new regulations, the UEARA Committee agreed a new Privacy Statement which can be viewed on the website. (Go to the website address below, click on How to Join, then click on Membership Form. A copy of the Privacy Notice is attached to the membership form).

How to contact us:

Secretary: Alison Ward 01603 452330

Membership Secretary: Keith Woods 01603 810980

Website/Renaissance Editor: Michael Slaughter 01362 858761

Email: retired@uea.ac.uk

Website: https://portal.uea.ac.uk/uea-retirement-association

Prize Crossword Solution

David Marshall kindly compiled another of his popular Prize Crosswords for our October issue of Renaissance. The first correct entry drawn from the hat was from Anne Jones who should receive her prize shortly.

If you would like the chance to win a voucher, David’s latest competition can be found on page 23.

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OBITUARIES

Chris Betts

It is with sadness that we report that Chris Betts passed away peacefully in his sleep on January 23rd, 2020, aged 85 years. He had been ill for some time but was well looked after in a Swanton Morley Care Home where he was frequently visited by his family.

Chris joined the University back in the early 70’s when the Finance Division was located in Block “D” in University Village – how many of you remember those days before the Registry was built? He covered a variety of roles within the Finance Central Office over the years until retiring in 1999. He was a stickler for doing a job properly and had a great eye for detail. This trait was very apparent in some of his hobbies (Photography and Calligraphy). However he was not averse to a practical joke although his humour was of the Monty Python variety! On retirement Chris became the Association’s first Treasurer seeing through the first 11 years from 1999 to 2009 before giving up the role. Chris will be sadly missed.

Denis Brown

Cliff Elliot

It is with sadness that we report that Cliff Elliot died on 16 October 2019, aged 87 years. After a career in the RAF, Cliff came to UEA as the Administrator of the Student’s Union. He moved on to become an administrator in the School of Fine Arts and Music and later the Senior Administrator for the School of Environmental Sciences.

For many years he was a regular participant with the walking group. He was an erudite and witty man. We offer our sincere condolences to his wife Ann and family.

Muriel Last

It is with sadness that we report the death of Muriel Last. Muriel was born and raised in County Durham winning a County Scholarship to read English at Durham University. On graduating, Muriel went into teaching then into teacher training, lecturing at Keswick College. When Keswick College closed, Muriel transferred to UEA, lecturing in the School of Education.

Muriel had a deep love of poetry and literature. She had an analytical brain which the Book Group took advantage of. Many times, Muriel was called on to explain an author's/poet's meaning. She was also compassionate and selfless spending a lot of time helping those in need. She touched many lives as was evident by the full church at her funeral service.

I am lucky to have known Muriel since 1974 from our days at Keswick, then UEA. Muriel had no family for us to send our condolences to so we will send them to all who knew her. I will miss her dreadfully, as will the Book Group and all her friends.

Pat Gyte

Sheila Mallett

It is with sadness that we report that Sheila Mallett died on 19th November 2019, after suffering from Parkinson’s and Alzheimer’s Disease. A funeral service was held at St. Remigius’ Church, Hethersett, on Friday 13th December, attended by family and friends, including many friends from the Retirement Association. Sheila served on the Retirement Association Committee for a number of years.

Sheila studied at the Loughborough School of Librarianship and became a Chartered Librarian in 1964. She worked as a Reference Librarian at the West Suffolk Headquarters until 1969. In 1980, Sheila returned to work as a Resources Assistant at Keswick Teacher Training College and when the College closed, she transferred to UEA, in the School of Education, until she retired in 2000. Sheila derived particular satisfaction from helping the students find the teaching resources they needed. She also enjoyed her work as a Reference Librarian in the Norwich Central Library.

Sheila was married for 53 years to Christopher. They had 3 children – Rachel, Christopher (died in infancy) and Rebecca.

Christopher Mallett
Michael (“Mick”) Ward

It is with sadness that we report the death of Mick Ward on 22nd January 2020, after a short illness. Mick worked as an accountancy technician in the School of Nursing and Midwifery. For many years he conducted our country dancing group, providing the music and calling the dances, and also set up his public address equipment for our Christmas Socials. We offer our sincere condolences to his partner Janet and her family.

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REVIEWS OF OUTINGS & HOLIDAYS
7 - 11 October 2019:  Isle of Wight - Walking Holiday

Approximately 50 of us gathered in Sainsbury’s Longwater car park early on Monday morning with our cases, boots and sticks ready to board our Easton’s coach for the journey to the Isle of Wight. The weather on the journey was wet and windy, but our cheerful drivers kept us entertained and ensured we had necessary stops along the way, plus of course there was a regular supply of sweets from Keith and Jan! Having boarded our ferry at Portsmouth we made the short crossing to Fishbourne and thence on to our hotel at Freshwater Bay. Situated to one side of the bay with a marvellous view across what proved to be choppy waters, the hotel was a lovely retreat from the constant high winds we experienced on this holiday. We met our leaders – 3 walkers and one for the Discovery group – that evening after a lovely meal. Once the briefing was over most of us retreated to our rooms, exhausted from the journey and very aware that we had plenty to do the next day. However, some hardy souls stayed for a quiz which had been arranged.

The walking for day one, depending on the option chosen, involved a coach trip inland; visiting the village of Shorwell (pronounced Shorrell, we were led to believe) and Carisbrooke Castle where some of us had time to explore the historic displays. Day two options were entitled ‘Over the Downs to Ventnor Botanic Garden’ and involved some coastal walking with marvellous views of the coast before arriving at the botanic garden. Luckily, although there was some very intense rain it was short-lived so most of us left our wet weather gear in our bags! Again, depending on the option chosen, there was time to take a look around the gardens – after a well-earned cup of tea. Day three was even windier than the previous two days, but did not curtail our walking luckily. We were taken to the village of Calbourne whence we took our various routes back to Freshwater along the coast. Some of us had a very close encounter with some cows and calves, but luckily our leader was skilled at herding!!! Unfortunately, for this walk we were heading into the wind which added to our workload!! Nevertheless, the views were spectacular and exhilarating with varied terrain.

As usual, we were entertained during the evenings. A local painter produced a picture for us whilst explaining her philosophy that ‘anyone can paint’ (some of us are still doubtful about that). The usual HF quiz took place on the Wednesday evening and the winning team’s score was sent forward to the national competition for that week. We were quite disappointed to be told on Thursday evening that we had missed winning the national by a single point! On Thursday evening there were some interesting and varied games / competitions to take part in including guess the number of sweets; identifying advertising logos; dartboard score and guessing the weight of the rucksack amongst others.

As always, there was much enjoyment and fellowship to be had; experiences to compare and friendships to renew. Once again, very many thanks to Keith and Jan Woods for organising a really enjoyable holiday for us all – both walkers and non-walkers. Nothing was too much trouble and they always had smiles on their faces despite some challenging situations.

Mandy Holland

7 - 11 October 2019:  Isle of Wight - Discovery Tour

Some ‘Wonders of the Isle of Wight’:
- Cowes you cannot milk
- Needles you cannot thread
- Newport you cannot bottle
- Freshwater you cannot drink

We, however, stayed in Freshwater Bay House, beautifully situated on the south coast and we drank: water, milk
and even the odd glass of port! The 17 of us and our excellent HF guide, Mike Craze, found ourselves doing some further wondering on our first day, namely wherever had our transport got to!

Eventually it arrived to take us to Brighstone church, notable for its connection with 3 bishops: Samuel Wilberforce, hymn-writer Bishop Ken and Doctor Moberley, erstwhile headmaster of Winchester College. On then to Appuldurcombe House to see at a distance as it was closed! So Mike gave us a colourful history of this once grand edifice, now a shell, and the affairs of the wealthy socialite Seymour Fielding, married to its owner Richard Worsley. Most of us walked the mile+ to Godshill, a pretty village where we lunched. Some visited the church before our (late, again) minibus took us on to ancient Carisbrooke Castle (EH). Offering a film, garden, museum, chapel and an undulating walk round the walls there was something for each of us.

Quarr Abbey was our first venue on Wednesday. The old ruined abbey was founded in 1132, a centre of life prior to its dissolution by Henry V111. Its modern replacement is a Solesnes monastery but now housing a mere handful of monks. After visiting Bembridge Pier with its Tamar lifeboat we next took the vintage Islandline from Ryde Esplanade to Smallbrook Junction where we boarded the Steam Railway to Havenstreet with its museum and discovery centre. On then to Brading Roman Villa, offering an impressive insight into Roman life there with its mosaic floors and archaeology, all presented by Spenser, the Villa guide.

Mike obligingly fitted in our request to see The Needles on Thursday. A gale force 7-8 battered us on the viewing platform above Alum Bay. On then to West Cowes, famous yachting centre. Enjoying its marine ambience we walked from Cowes Castle, home of the Royal Yacht Squadron, though the pedestrian streets to cross the River Medina on a chain ferry, aka locally ‘The Floating Bridge’! Through East Cowes then to Whippingham, St Mildred’s church with its museum-type atmosphere and strong link to Osborne House, vividly portrayed by the Steward in attendance. So Osborne House (EH) duly beckoned. Where to start? Inter alia this seaside palace offered a minibus to the beach alongside the Solent, where Queen Victoria’s bathing machine stood, and to Swiss Cottage where the royal children (all 9 of them!) played. Set in attractive gardens and grounds, where some of us glimpsed red squirrels, the House itself displayed its opulence, festooned with priceless artworks and the umpteen birthday gifts, (including particularly impressive sculptures), Victoria and Albert had bestowed upon each other. Did some of us find this display of wealth a bit OTT? Perhaps!

Thanks to HF for excellent food and facilities, to Mike our guide, Jan and Keith for all the arrangements and Easton Coaches for seamless travel.

Chris Harvey

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REVIEW OF TALKS

Tuesday, 24 September 2019: What’s happened to our rabbits and hares..? Diana Bell

It was a pleasure to meet up again with Diana Bell, my colleague in BIO between 1979 and 1997. Diana is now Professor of Conservation Biology at UEA. She has a wide interest in species decline, due to such factors as habitat destruction over-exploitation and the introduction of new species. Her main animal of interest is the rabbit and she has studied its decline in populations throughout the world. As you probably have noticed, the UEA campus is a great place to study rabbit populations. She talked about her work here on the effects of myxomatosis, caused by the myxoma virus. Potentially more serious was her recent finding that the virus could jump from the rabbit to wild hares. This is having serious effects on the hare population in East Anglia.

Many thanks to Diana for such an interesting and varied talk.

Alan Coddington

Tuesday, 22 October 2019: Norfolk in the Second World War – Neil Storey

The presence of over 50 people was a testament to the reputation of Neil Storey as a nationally respected historian. His well-illustrated talk on the impact of the Second World War on Norfolk was fascinating. Neil emphasised how this was going to be so different from World War 1, mainly in the use of aircraft. The Germans had already used this devastating tactic at Guernica in Spain in the Civil War and he explained how Britain, and Norwich, had started preparations for defence against air raids and gas attacks as early as 1938. The so called ‘phony war’ lasted until 1940 and in this period there were only occasional air raids but this gave the authorities time to demolish prominent ‘landmarks’ on the Norfolk coast which could be used as navigational aids by the
enemy. Neil showed many new pictures of the Norwich ‘blitz’ of April 1942 and also anti invasion precautions taken along our coastline.

This was a very interesting and thought-provoking talk by a ‘master’ of his subject.

Derek MacLeod

Tuesday, 26 November 2019:  Holly Wreath Making – Simon White

This was a joint talk organised by the Garden Group. Please see a report of this talk in the Garden Group section on page 15.

Tuesday, 28 January 2020:  Dealing with Death – William Armstrong

William Armstrong, former Coroner of Norfolk, reminded us of life’s two certainties, death and taxes; and whilst the level of taxation may change, the death rate remains stubbornly at 100%!

It is now the Coroner’s main role to establish the cause of death, but this was not always the case. The “Crowner” was created by Richard I in 1194 to look after the financial interests of the Crown whilst he was in foreign parts. In the past a Coroner could be legally or medically qualified; now he/she has to be a lawyer but some Coroners also have medical experience.

Should a person die, not having seen a doctor for 14 days, the death is reported to the Coroner. He/she will order a post-mortem if the cause of death is not clear. Further enquiry may result in an inquest - a formal civil court procedure to establish who the deceased was, when, where and how they died. No winners nor losers - only the truth. Although publicly funded, the Coroner’s independence is paramount.

A jury may be empanelled for example if the death was in custody, in mental health detention or as a result of an industrial accident. Mental health is a factor in many of the cases referred to the Coroner, and William served for 30 years as a Mental Health Tribunal judge.

A key function of the Coroner is to provide information and support to the bereaved. "Grief is the price we pay for love". William highlighted the need for a coroner to listen to those left behind, and not ignore them in the judicial process. His role was to help them to move on and avoid long term mental health issues. Another vital function is to make reports and recommendations to public authorities. One of his legacies as Coroner is the appointment of a Chaplain to the Coroner’s Service.

There were lighter moments. A jury man sought to excuse his attendance on the grounds of his pregnant wife’s imminent “conception”. The Coroner responded that whatever his reason he clearly ought to be there! In another judicial context, F.E. Smith, in response to a judge’s rebuke that after 30 minutes of submissions the court was none the wiser, hit back “Maybe no wiser, but better informed”!

We were left both wiser and better informed, and the talk was unexpectedly uplifting.

Malcolm and Margaret Robins

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RAMBLERS’ REVIEWS

Tuesday, 12 November 2019:  Binham Priory walk

22 of us gathered at the Chequers Pub in Binham on a chilly November day. We set off through the charming village, passing the remains of the medieval stone wayside cross on the village green, before heading north up a quiet country lane from the top of which we were rewarded with fine views of the 12th century Binham Priory. We then joined a field track which took us down through water meadows and across a fast-flowing stream. By this time the forecast rain had arrived and some members of the group decided to take advantage of the shorter walk option (3.5miles) while the rest continued along field edges and tracks back to the village (5miles). The rain had ceased by the time both groups joined up again at the warm and welcoming pub for an excellent lunch.

Many thanks to Bill and Sue Rhodes for planning and leading a most enjoyable walk.

Alan Jones
Tuesday, 10 December 2019:  

**Swanton Morley, Woodgate and the Wensum Way**

Fourteen of us met at Darby’s pub in Swanton Morley on a dismal, grey, damp morning for what turned out to be a delightful walk (despite the rain), on excellent footpaths. Swanton Morley was the home of Richard Lincoln 1550-1620 who lived in what is now The Angel Pub and whose great x 6 grandson was Abraham Lincoln. We walked along paths beside arable land to the hamlet of Woodgate and then onto the Carrick Estate. Those on the shorter option took the road past Hunters Hall back to Swanton Morley. The rest of the group followed a small tributary before reaching the Wensum itself. The river is quite wide in this area and there are beautiful open views across the valley. We walked on a grassy bank above the water meadows. Bylaugh Hall (built in 1851, the architect being Charles Barry Jr, the son of Sir Charles Barry the architect responsible for rebuilding the Palace of Westminster, with which it shares some features – clock tower and early use of steel girders in support structures) was visible in the distance. Shortly after, the round towered Bylaugh church could be seen on the opposite bank of the river. We left the Wensum Way to return past Swanton Morley church (building began in 1379 and one of the first examples of the Perpendicular style in East Anglia), back to Darby’s pub, for lunch.

Many thanks to Alan and Anne for organising and leading a most enjoyable walk and for making the lunch arrangements.

*Alison Ward*

Thursday, 23 January 2020:  

**Short Walk - Loddon**

Thirteen of us met at the newly opened Angel for our short walk around Loddon. We had barely started the walk before we passed a house whose wall was made up of bricks and bottles. This was Davey Place, where a lady told us about the development in the 1960's which had replaced the old brick and bottle pit. Our wall was a reminder of the past.

Onward past some interesting buildings and we arrived at Loddon church. This is a fine church, built in 1490 to replace one built by St Felix and famous for the font. Lots of history, interesting graves, some labelled with information about the the people buried there.

We then set off for the River Chet, took a group photo by wooden statute and then squelched along the riverbank to the old water mill. On the way back to the Angel, we looked into the Library, once the school, and passed the Victorian Town Hall.

Back at the pub, which apparently is contemporary with the church, we had a fine lunch. Many thanks to Jeremy and Sue Kitchener for a really interesting walk around a fine town.

*Gareth Janacek*

*********FORTHCOMING OUTING & HOLIDAYS*********

**Thursday, 21 May 2020: Outing to Sutton Hoo**

For 1,300 years its secrets were hidden deep within a burial mound, but on the eve of the Second World War a discovery that changed history was unearthed by archaeologists at Sutton Hoo. From the sandy soil emerged the outline of a 29 yard-long ship, its timbers long since rotted away, revealed to be the ship burial of an Anglo-Saxon king, complete with exquisite gold and silver treasures. Newly designed exhibitions, breathtaking replicas, the atmospheric Royal Burial Ground with new walking route and viewing tower offering stunning views over the landscape, all bring this fascinating story to life.

The coach will depart from Sainsbury's, Longwater at 10.00 hours. The bus stop is on the downhill side of William Frost Way as you arrive. If you are parking your car there, please drive past the bus stop and turn into the car park. Then keep to the left and park behind the bus stop. Parking is at your own risk. Arrival at Sutton Hoo approx. 11.30 hours where there is a café serving hot meals and snacks with veranda looking out towards the River Deben. Depart approx. 16.00 hours.

£2.50 charge (including NT members) for each person for the guided tour of Burial Mounds at approx. 14.00 hours.

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*Renaissance 62*  
*February 2020*
The cost of the coach is £28 per person. The cost of entrance fee for non NT is £15.00 plus £2.50 for the guided tour making a total of £45.50. For NT members it is £28 for the coach and £2.50 for the guided tour making a total of £30.50.

We have ordered a 16 seater coach so once the coach is full any further bookings can be kept on a waiting list in case of cancellations, or you may like to drive yourself and meet us there. If you are keen to join us please send in your completed reply slip (to be found at the end of this newsletter) and your cheque by 30 April 2020.

Alan Coddington, Mandy Holland, Julie Lane

20-24 July 2020: HF Discovery Tour at Abingworth

I have just been told that two more double or twin rooms are now available on this Discovery Tour, of which full details were given in the October 2019 Renaissance. The price per person is £499 for bed and breakfast, dinner and packed lunch.

Holiday highlights include exploring the Roman city of Chichester, visiting Arundel Castle and Garden, a walk along the River Arun on the new promenade to the sea, and other gardens, museums and churches.

If you would like to join us on this holiday, please send an email as soon as possible to j.johnson@uea.ac.uk or telephone 01603 456465. A coach will be arranged for travel to and from Abingworth once the final numbers are known.

John Johnson

5-9 October 2020: Walking Holiday at Sedburgh, Yorkshire Dales

Our Walking Holiday in 2020 will be at Sedburgh in the Western Yorkshire Dales. This is a Monday to Friday holiday with walks on the Tuesday, Wednesday and Thursday. On this holiday we will have fully guided walks with HF Leaders and they will provide transport to and from the walks.

HF Holidays is at Thorns Hall, Sedburgh, LA10 5LE. It’s a Tudor country house which is a short stroll from the heart of Sedburgh. The hall dates from 1535 and has a history and folklore to match. HF have modernised it considerably!

More details at: www.hfholidays.co.uk/holidays-and-tours/guided-walking-sedbergh-4

We have bookings for the whole house. It is very likely that, nearer the time, we will have a vacancy or two. If you would like to go on the waiting list, please phone or email us at the address below. We’ll let you know if a space becomes available.

The cost of the walking holiday is currently quoted at £375 per person. All rooms are en suite. The price includes bed, breakfast, packed lunch for walks and an evening meal.

Please do ensure you have appropriate travel insurance. HF holidays no longer offer insurance, but most people find an annual policy better value. If you need to cancel for any reason, you will lose your deposit, unless we can transfer the booking to another member of UEARA. The final balance will be due at the beginning of August 2020 and is not refundable.

Keith & Jan Woods. Tel: 01603 810980, Email: kandjwoods@waitrose.com

Keith & Jan Woods
FORTHCOMING TALKS

All talks begin at 2.15pm (unless otherwise stated) in the Costessey Centre, Longwater Lane, Costessey.
No response slips are required – just pay £1 per person at the door which includes tea and biscuits. Each member may bring up to two guests.

Tuesday, 25 February 2020:  The Strangers – Jean Smith & Helen Hoyte
(This is a joint talk organised by the History Group).
In order to fill the labour shortage following the plague, we accepted the Dutch Strangers and Walloons, albeit with a few strict rules, to ply their trade in our fine City via Strangers Hall in the 16th Century. We hear how the Bishop of Norwich had to give up his home during the visit by Queen Elizabeth I and how Parson Woodfoode had the City gates literally shut in his face.

Tuesday, 24 March 2020:  Deltiology – Gerald Brown
Deltiology – the study and collection of picture postcards. A popular and relatively inexpensive interest of many in the third age. An illustrated talk on their development, publishers, types, topics to collect etc.

Tuesday, 28 April 2020:  What was so special about Humphry Repton? - Professor Tom Williamson
(This is a joint talk organised by the Garden Group).
In 2018, ‘Repton 200’ celebrated 200 years since the great landscape designer Humphry Repton died and there were many events to mark the bicentenary. Repton is said to have carried out some of his finest work in Norfolk, including Sheringham Park and Catton Park.

Tom Williamson is Professor of Landscape History at UEA and is co-editor of a book ‘Humphry Repton in Norfolk’, published in 2018. He previous gave a talk to the Retirement Association in March 2015 on ‘Ancient trees in the Norfolk landscape’, reviewed as a very lively and interesting talk.

Tuesday, 26 May 2020:  The Shoe Trade of Norwich – Barbara Miller
Since earliest times men have needed a covering for their feet and shoe fashion has been a factor through the ages. For over 100 years the commercial shoe trade was an important part of the industrial life of the city now it has all but disappeared. We will look at how shoes developed over the ages and what caused the demise of this important industry in Norwich.

Tuesday, 23 June 2020:  (After the AGM) John Betjeman – Tony Diamond
Betjeman is incredibly funny, piercingly poignant, deliciously descriptive, and enthusiastically English from his semi-balding pate all the way down to his anklets wading in Norfolk waters. He is the kind of good boy who never said a bad word about anybody in his life, never had a bad word said about him, and got up to all sorts as often as he could. Of all the good fairies who attended his advent, the finest was that sprite who gave him the gift of laughter. What a happy legacy he has bequeathed us!

Margaret Robins

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FORTHCOMING RAMBLES

All these walks start at **10.30am** (unless otherwise stated) but please arrive at the meeting place by at least 10.15am, especially if a pub lunch is planned in case we have to pre-order food.

Car sharing would be appreciated. Walking boots or sturdy shoes are recommended.

These walks, and all other sporting and leisure activities, have inherent hazards associated with them. In spite of the safety of members of each walk being of paramount concern to its leader/leaders, accidents will occasionally occur. It is important therefore that, before taking part in any of our walks, every member appreciates that they each have an individual responsibility to be aware of possible hazards, and will each be expected to take all reasonable steps to minimise any potential for an accident to occur.

i.e. each walker takes part at his/her own risk.

Places on the walks must be booked by contacting the walk leader via email (where available) or telephone, by the deadline date shown. Please ensure emails contain your name, contact telephone number, number of places and, where appropriate, the number of lunches required. This is particularly important for walks with pub lunches so that the managers may reserve appropriate space for us. Please note that there may be limited numbers for some pub lunches, and these will be allocated on a strictly ‘first come first served’ basis (so it pays to contact the walk leader as early as possible!).

**Tuesday, 11 February 2020:**

**Around Hingham**

Leaders: Alan and Anne Jones  
Tel: 01362 860423  Mobile on the day: 07845 963213  
Email: jonesalan9@hotmail.com  

For information only – the deadline for the receipt of emails or telephone calls has passed.

This walk starts in the centre of Hingham at the White Hart Hotel where we will have lunch. There are parking spaces around the Market Place. We set off via an interesting residential area to join good tracks and paths on a 2.5 mile loop around fields and farmland to the north of the town (one stile). The final section of the walk crosses the B1108 and follows footpaths and a quiet road to return to the Market Place. Total length of the walk is about 4.5 miles but there is a short cut which misses out the final section. In either event is it worth spending a little time walking around the centre of this attractive Georgian town and visiting the church of St Andrew which is normally open at this time of year between 10am and 2pm. Please arrive at 10.15 to order lunch ready for a 10.30 start.

Map ref OS Explorer 237 TG 025023. Postcode for White Hart NR9 4AF

**Tuesday, 10 March 2020:**

**Around Elsing**

Leaders: Alan and Anne Jones  
Tel: 01362 860423  Mobile on the day: 07845 963213  
Email: jonesalan9@hotmail.com  

Deadline for the receipt of emails or telephone calls: **Monday, 2 March 2020**

This walk of just under 5 miles starts and ends in Elsing at the Mermaid Inn where we will have lunch. Parking is in pub car park or the church car park nearby. We leave the village on a footpath to join a quiet county lane at Peaseland Green leaving the lane at Green Farm to take good footpaths and field tracks towards Lyng. The return section of the walk includes parts of the Wensum Way, pleasant paths through woods and finally a loop round Harmer Wood created on the outskirts of Elsing to celebrate the millennium. The walking is fairly easy, there are no stiles and there are options for shortcuts.

Please arrive at 10.15 to order lunch ready for a 10.30 start.

Map ref OS Explorer TG053166. Post Code for the Mermaid NR20 3EA
Thursday, 26 March 2020: Short Walk – Ringland

Leaders: John & Rosemary Johnson  
Tel: 01603 456465  
Email: j.johnson@uea.ac.uk

Deadline for receipt of emails or phone calls: Wednesday, 18 March 2020

A short walk of 3 miles in the Wensum valley at Ringland. The walk is mainly along farm paths and tracks and there are no stiles. If time permits, we will visit the 14th century St Peter’s church on a mound at the west end of the village.

Please arrive at the Swan Inn where we will have lunch by 10.15 ready for a 10.30 start

Map ref OS Explorer 238 TF 140137. Post code for the Swan Inn NR8 6AB.

Tuesday 14 April 2020: Cromer to Overstrand

Leader: Chris Moore  
Tel: 01603 864378, Mobile: 07787 853542  
Email: chris_moore_55@hotmail.co.uk

Deadline for receipt of emails/calls/texts: Saturday, 11 April 2020

This is a circular walk of 5 miles. We will meet at 10:30 at the door of Cromer Church in the centre of the town. Parking is available at the main car park by the Information Centre (please allow for 3 hours) or there is free parking on Cliff Drive NR27 0AW or Overstrand Road NR27 0AJ, providing there are spaces available. You will then just need to walk to the meeting point (about 5 minutes).

We will head towards Overstrand along the prom and then go through woodland, through Warren Woods and out onto the road. There is a little path walking here until we head towards Happy Valley. This then leads us through to Overstrand opposite the Church. We can take a little time here if anyone wishes to look around the church. After about another 15 minutes we will arrive at the Cliff Top Cafe, Overstrand. If everyone is in agreement we will stop here for tea/coffee. The return journey is along the cliff top back to Cromer. Views are amazing. There are various options for lunch depending on individual choices. I will not be making a group booking.

Tuesday, 12 May 2020: Thurton and Claxton

Leaders: Lesley and Derek MacLeod  
Tel: 01603 743789  
Mobile on the day: 07752303703  
Email: derekmacleod39@hotmail.com

Deadline for the receipt of emails and phone calls: Monday, 4 May 2020

This circular walk starts and finishes at the George and Dragon Pub in Thurton. The walk is 5 miles long and uses bridleways and quiet lanes to travel north towards Claxton. There are views of rolling countryside and there are NO stiles! There is an option for a 3.5 mile shortened walk. Please arrive at 10.15am to order lunch ready for a 10.30am start. Also please park in the pub ‘overflow’ car park, opposite the pub on the left-hand side of the road.

Map ref OS Landranger 134: TG328009. Postcode for George & Dragon: NR14 6AL

Thursday, 28 May 2020: Short walk – River and Railway, Horstead & Coltishall

Leaders: Dave & Mandy Holland  
Tel: 01603 731125  
Mobile: 07751 033827  
Email: mndholland76@gmail.com

Deadline for receipt of emails (preferred) or ‘phone calls: Friday 22nd May 2020 - please state whether or not you will be staying for lunch.
This is a circular walk of approximately 4 miles with no opportunity for a shortcut unfortunately. It is a pretty and peaceful walk in the Bure valley with very little road walking. There are no stiles, but there is a small bridge with a large step up and a set of steeply downward steps to reach the railway path. We start along a footpath by the side of the Bure which will be muddy if there has been rain, then turn for a short distance along a quiet road to reach the Bure Valley railway path which is easy walking, although slightly uphill, then return to the pub via the footpath along the main road.

We will meet at the Recruiting Sergeant in Horstead on B1150 to North Walsham in time to leave by 10.30a.m. There is parking at the side of the pub, plus some in front which is not actually part of the pub property, but none on the road which is quite busy. We will not pre-order lunches – they have asked that we order on our return as they are used to dealing with large groups.

Post code: NR12 7EE

**Tuesday, 9 June 2020:**

**Horsey Estate walk**

Leader Trevor Smith Tel: 07493252794 Email: trevskeyuk@gmail.com

The pub has asked me for 2 weeks’ notice of numbers for lunch. It will still be possible to order on the day as normal.

Deadlines are **26 May** (if ordering food) or **2 June** if not.

This is a circular 4.5 mile walk around the Horsey estate. Starting from the Nelson Head pub car park and heading anti-clockwise in a loop around the nearby fens, taking in views of a charming local church, two wind pumps and the classic Broads’ landscape. There are a few photo opportunities and there might be a chance of seeing the marsh harrier, warblers, and other wildlife on the fens.

The path was level but quite muddy (after a spell of heavy rain). Comprising a mix of country lanes and paths by the dykes.

Meeting place – The Nelson Head, Horsey, NR29 4AD at 10:15 for a 10:30 start.

**Tuesday, 14 July 2020:**

**Dilham and Honing Lock**

Leaders: Steve and Joan Mosley Tel: 01603 437176, Mobile: 07887399106 Email: s.mosley@talktalk.net

Deadline for receipt of emails and phone calls: **Tuesday, 7 July 2020**

This is a walk of 5.25 miles starting from the Cross Keys pub at Dilham where we will have lunch. We walk from Dilham up to Honing Common, then continue along the Weaver’s Way to Honing Lock. From here we follow the North Walsham and Dilham canal and make our way back to the start. The walk is mainly along grassy tracks and quiet lanes with only one stile. Please note that the sections along the canal can be muddy if there has been a lot of rain.

The Cross Keys pub serves a wide variety of lunches, baguettes and sandwiches, see https://www.crosskeysdilham.co.uk/ for details.

For those preferring to take a picnic lunch there is a village hall and green close by.

Meet by 10.15 for a 10.30 start. We will order lunches before starting

Map Ref: The Cross Keys, The Street, Dilham, North Walsham, NR28 9PS

OS Explorer OL40 G/R 33207 25116
ART GROUP

The Art Group meets on the third Monday of the month (except Bank Holidays) at 2:00pm at the Colney Lane Pavilion. Refreshments will be provided, but please bring your own painting and drawing materials with you. Brenda Mace has kindly agreed to act as mentor to the group.

The Group will meet on the following dates:

17 February 2020
16 March 2020
20 April 2020
18 May 2020
15 June 2020
20 July 2020

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BOOK GROUP

Informal meetings, lasting about one and a half hours, are normally held in the Colney Pavilion at 2pm on the second Monday of the month.

However, please note: Meetings are currently being held at 40 Brettingham Avenue Cringleford at 2pm while the Pavilion car park is closed.

Books to be discussed are listed below and all titles are available in paperback and from the library, some as downloads.

10 February 2020  'Clock Dance' by Anne Tyler
9 March 2020     'The Stranger Diaries' by Elly Griffiths
6 April 2020     'The Spy and the Traitor' by Ben MacIntyre
                 (Note change of date because of Easter)
11 May 2020      'The Alice Network' by Kate Quinn
8 June 2020      Poetry
13 July 2020     'Machines Like Me' by Ian MacEwan

Anyone is welcome to come along and join us and to suggest titles for future sessions. There is no charge and tea, coffee and biscuits are served. For more information please contact Janet Havers (janet.havers@btinternet.com or tel: 01603 759644).

Janet Havers

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FILM GROUP

This small, lively group meets once a month, on a Monday, at Cinema City. Whenever possible we go for a late morning/early afternoon screening to allow time afterwards for refreshments and to discuss the film before going our separate ways. New members are most welcome.

For more information please tel: 01603 743464 or email: evelyn.mould@ntlworld.com

Evelyn Mould
GAMES AFTERNOONS

Games afternoons are held on the third Tuesday of the month starting at 2.00pm at the Pavilion. We have regular tables for Cribbage, Dominoes and either Rummikub, Whist or Scrabble. Additional board games and cards are available at each session with the opportunity to learn something new.

The emphasis at games afternoons is on enjoying playing games rather than skill and you are welcome to bring your own games for other members to try. Refreshments are provided.

Future dates are:

18 February 2020 *** CANCELLED ***
17 March 2020
21 April 2020
19 May 2020
16 June 2020
21 July 2020 (Croquet)

Contact Details: Denis Brown Tel. 01603 409905 Email: lizden144@btinternet.com

Croquet Session on 21st July 2020

This event which is organised by Jeremy Kitchener will be held at Eaton Park starting at 2.00pm and finishing at 4.00pm. Balls and mallets will be provided and the only requirement is that flat shoes or trainers are needed. The green is located near the boating pond and there will be a charge of £5.00 (which includes refreshments). There is ample parking and a room for storing coats as well as a loo facility. Numbers are limited so it will be on a first come first served basis.

If you want to come or require further information please contact Jeremy on 01603 610708 (or email him at q6@ntlworld.com) to book your place.

Denis Brown

GARDEN GROUP

Garden Group meetings are normally held every two months throughout the year, actual dates are given below and in the Renaissance diary. Activities include talks, open gardens and garden visits. Please pay £1 per person at the door for talks, including tea and biscuits. This payment goes towards the cost of speakers and refreshments.

Recent events:

Monday, 30 September 2019: Talk - "My 46+ years at Blickling – a gardener’s tale, by Stephen Hagon

About to leave school, aged 15, Stephen walked into Aylsham Town Hall for a meeting with a careers adviser, who asked him what work would interest him. Stephen mentioned he really enjoyed gardening, and by chance there was a vacancy for a trainee gardener at Blickling Hall which was to be his place of work for the next 46 years during which he progressed to the position of Assistant Head Gardener. He well remembers his first pay packet - £8.10p, from which he gave his mother £2 towards his keep. There were nine full time gardeners but no volunteers, so work was long and hard.

Until the thirties the parterre consisted of many small beds but in 1933 the owner of the Hall, Lord Lothian, commissioned garden designer Norah Lindsey to redesign the gardens. Thus the four large beds seen today came into being, edged with smaller beds of roses and cat mint. She also redesigned the dry moat and Temple Walk, the latter being planted with azaleas and rhododendrons – a delightful picture in spring.

The great storm of 1987 brought down 265 trees, some over 200 years old. Stephen showed us some photographs he’d taken – fallen trees, paths and grass churned up into mud by the vehicles brought in to move the debris. The garden was closed for almost a year to be restored, while many new trees were planted, the paths rebuilt and grass areas restored and under planted with thousands of bulbs. When Paul Underwood came from Houghton Hall as
Head Gardener, he designed the double borders, and developed the rose garden, the Dell garden and the Winter garden, later Stephen established the philadelphus garden.

The restoration of the walled garden was another challenge, the glasshouses had to be repaired, paths laid, many fruit trees planted together with soft fruits and vegetables – much of this produce is used in the restaurants on site or sold to visitors. All this was achieved in a little over three years.

Over the years the Blickling Estate has seen a lot of filming, and Stephen has met royal and other famous visitors. The actress Kim Cattrell was so taken with her visit that she joined the National Trust immediately.

Stephen was too modest to mention the prestigious RHS Bronze Award which he received five years ago, and the long service award with which he was presented at this year’s Royal Show. He retired in July, and now has time to enjoy his many interests, of which football and Status Quo are top of the list!

Val Weaver

Tuesday, 26 November 2019: Talk at the Costessey Centre – ‘Holly Wreath Making’ by Simon White

In June 2019 the Garden Group had a visit to Peter Beales Roses at Attleborough when we were shown round by Simon White, so we knew that we would have an enjoyable time when he came to give us a talk and demonstration on Holly Wreath Making. In a very relaxed and informal setting Simon showed us how to make a Holly Wreath and a Cross. He made it look very simple and at different stages in making the wreath and cross, they were passed round the audience for inspection. Simon had brought with him Holly Wreaths and bare root roses and being the excellent salesman he is, quite a few were sold!

This was an interesting and entertaining afternoon.

Julie Lane

Future dates:

Monday, 2 March 2020: Talk at Bawburgh Village Hall – ‘Companion Planting for a Balanced Garden’ by Dr Ian Bedford

Our speaker Dr Ian Bedford heads the Entomology Facility at the John Innes Centre, where he has worked for over 40 years. He is making a return visit to the Garden Group, previously visiting us in 2014 to talk about Garden Bugs (remember the Spanish slugs!).

The talk explains the concepts of Companion Planting and whether we can expect to see results when it’s used. Besides using plants to help other plants, many plants are also reported to have properties that can either attract or repel bugs. The talk details some of them and how they can be used in our gardens to create a natural balance system for attracting nature and keeping the pests under control.

The talk will start at 2pm at Bawburgh Village Hall, Stocks Hill, Bawburgh, NR9 3LL (Bawburgh is a turning off the B1108 Watton Road). Parking is available at the Village Hall; please note that we have been asked to avoid parking on the grass. The change in venue from the UEA Colney Lane Pavilion is due to a possible continuation of work on the Pavilion car park.

Please do bring along any surplus plants you may have, donations to help Garden Group funds.

Tuesday 28 April 2020: Talk at the Costessey Centre – ‘What was so special about Humphry Repton?’ by Professor Tom Williamson

In 2018, ‘Repton 200’ celebrated 200 years since the great landscape designer Humphry Repton died and there were many events to mark the bicentenary. Repton is said to have carried out some of his finest work in Norfolk, including Sheringham Park and Catton Park.

Tom Williamson is Professor of Landscape History at UEA and is co-editor of a book ‘Humphry Repton in Norfolk’, published in 2018. He previously gave a talk to the Retirement Association in March 2015 on ‘Ancient trees in the Norfolk landscape’, reviewed as a very lively and interesting talk.

This will be a joint talk at the Costessey Centre, Longwater Lane, Costessey, starting 2.15pm.
**Thursday 11 June 2020:** Visit to Hoveton Hall House and Gardens, Hoveton, Norwich NR12 8RJ

A private group tour of Hoveton Hall House and Gardens has been booked for the afternoon of Thursday 11 June, starting at 2.00pm and finishing around 5.00pm. The tour comprises a guided tour of the Hall by the owner, a self-guided tour of the gardens, tea/coffee and homemade cakes. The price is £17 per person.

The Regency hall has been owned by the Buxton family since 1946 and in 2013 passed on to Harry and Rachel Buxton. The Hall was built between 1809 - 1812 and the design is attributed to Humphry Repton and his son (and so a timely visit after our April talk on Humphry Repton!).

The Hall is well-known for its gardens, including the walled ‘Spider Garden’ (named after the wrought-iron spider’s web design gate) with its collection of rare and unusual plants. Hoveton Hall Gardens is a mix of formal and informal planting, over 15-acres of gardens and woodlands. Our visit in June should hopefully catch the last of the displays of azaleas and rhododendrons. The gardens are home to an early 19th century glass house, one of only three of its type in the country.

Further information about Hoveton Hall House and Gardens is available on their website (www.hovetonhallestate.co.uk).

If you would like to go on this visit, please complete the booking slip at the end of this newsletter and return to Julie Lane by **Thursday 28 May**. Hoveton Hall have asked that final numbers and full payment be sent at least one week prior to the visit so we will not be able to take any further bookings (or cancellations) after the closing date. There is a maximum number that can be accommodated of 40 people.

Hoveton Hall can be found 8 miles north of Norwich and 1 mile north of Wroxham Bridge. Parking arrangements and meeting place will be provided to those booking on the visit.

**Wednesday 15 July 2020:** Visit to Dale Farm, Sandy Lane, Dereham NR19 2EA

Dale Farm is a delightful 2-acre plant lover’s garden with a large spring-fed pond, owned by Graham and Sally Watts. There are over 1000 plant varieties in exuberantly planted borders and a collection of 130 hydrangea. There is a kitchen garden, orchard, naturalistic planting areas, gravel garden and sculptures. A wide choice of plants will be available for sale.

A private group visit has been arranged for Wednesday 15 July, starting at 2.00 pm. The cost of the visit is £7.50 a person, including tea and cakes. This is a return visit for the Garden Group, the previous visit being in June 2015. The description of the garden at the time noted that there were over 800 plant varieties, there are now over 1000 and so plenty to see! Graham is an Assistant County Organiser for the National Garden Scheme. Dale Farm has featured in ‘The English Garden’ and ‘EDP Norfolk’ magazines. Information about Dale Farm, including directions, is available on the NGS website (www.ngs.org.uk).

If you would like to go on this garden visit, please complete the booking slip at the end of this newsletter and return to Pam Janacek by **Monday 6 July**. Parking arrangements and any further information will be provided to those booking on the visit.

**Overnight Garden Group outing 2020**

An overnight outing for summer 2020 is under consideration and any information will be sent out via the email circulation list referred to below. If you would be interested in joining the outing but do not have email access, please contact John Johnson (on 01603 456465).

I circulate occasional emails about Garden Group events and gardening activities. If you would like to be included in this circulation, or for general enquiries about the Garden Group, please contact Pam Janacek (pamjanacek@googlemail.com).

Pam Janacek
HISTORY GROUP

Recent events:

Friday, 29 November 2019:  Tour of Norwich Cathedral

The Norman Cathedral, once the tallest building in Norfolk, has stood for over 900 years. Suffering lightning strikes, fires, riots in 1272, the Dissolution of the Priory, the English Civil War and the ravages of the Baedeker Raids during WWII, the building still dominates the City of Norwich with the spire proudly piercing our big East Anglian skies.

A chilly but sunny afternoon saw 15 UEA Retirement Association members gather in the New Hostry for a guided tour. By request our brilliant Blue Badge Guide, Jan King, led us through the Norman archway to the Cloisters. This area, part of the Benedictine Priory originally supporting the Cathedral, is a large open-sided quadrangle adjoining the Nave. The Dorter, Refectory, Chapter House, Warming Room, the original Hostry and Library all led to this area designed for meditation, exercise and recreation in the monks rigid lives.

Fire demolished the original Norman Cloister with rebuilding taking over 100 years from 1297 to 1430, the effects of the Black Death hindering completion. As we walked around, Jan pointed out the different types of Gothic tracery, illustrating the developing architectural styles of the 13th, 14th and 15th centuries.

We all developed cricks in our necks as we were introduced to some of the 1000 roof bosses clamped to the intersections of the vaulted ceilings. These painted circular carvings, said to be the best of their kind in Europe, depict biblical scenes from the Old and New Testaments. Illustrations of Fire and Brimstone from the Book of Revelations and scenes from the Apocalypse must have reminded the brethren of what awaited them if they slipped off the spiritual path laid down by St. Benedict. The carving of the blue-painted, seven-headed Beast of the Abomination with fierce jaws filled with evil sharp teeth, oversaw the hand washing (the water trough is extant) and barbering area where we were told the monks' tonsures were shaved every Saturday, before they entered the Chapter House.

Relaxation was had by the monks in the western corner of the Cloister where the now empty book cupboards survive and the board game, Nine Men's Morris can be seen carved into a stone table top. This end of the building was enhanced with foliate bosses with several green men peering through exotic gold-embellished greenery. We were shown heraldic wall paintings and stained glass in the area where Elizabeth I held a municipal banquet in 1578. Perhaps one of the most poignant reminders of the monks' occupation was the worn, indented door step leading from the Dorter to the Cloister. We could almost hear the slap and swish of their sandals and robes.

Continuing our tour in the Close we saw the remains of the Infirmary, the medieval Brewery and Bakehouse. Edith Cavell's grave gave us food for thought before we sought more tangible warmth and refreshments in the modern Refectory. Over a hot drink there was time to wonder at the skill of the nameless masons, builders and artists who strove to interpret their world so that we in turn were able to reflect on ancient and contemporary ideas.

Our thanks to our guide, Jan King, and Evelyn Mould who organised this History Group event.

Jane Towers

Future events:

Tuesday, 25 February 2020:  The Strangers – Helen Hoyte & Jean Smith

In order to fill the labour shortage following the plague, we accepted the Dutch Strangers and Walloons, albeit with a few strict rules, to ply their trade in our fine City via Strangers Hall in the 16th Century. We hear how the Bishop of Norwich had to give up his home during the visit by Queen Elizabeth 1st and how Parson Woodforde had the City gates literally shut in his face.

This will be a joint talk at the Costessey Centre, Longwater Lane, Costessey, starting 2.15pm.

Suzanne Cunningham

Wednesday, 13 May 2020:  Visit to the John Innes Historical Library Collections

Wednesday 13 May 2020 commencing at 11.00am. An opportunity to see this fascinating collection of books and botanical illustrations dating back 400 years which is not normally open to the public. The collection is kept in a
cool, air-conditioned environment so it is suggested that visitors have some warm clothing available plus it will be necessary to climb a flight of stairs. Car parking is available at the John Innes Centre, Colney Lane – if you are parking there a note of your car registration number will need to be handed into Reception. This tour will take approximately 1 -1.1/2 hours and will have a maximum number of 20 people.

To book a place please email: Suzanne Cunningham at s-d-cunningham@hotmail.com by Monday, 4 May 2020.

Suzanne Cunningham

Thursday, 11 June 2020: Visit to Hoveton Hall House and Gardens, Hoveton, Norwich

To let you know that the Garden Group have arranged a private group tour of Hoveton Hall House and Gardens for the afternoon of Thursday 11 June. As the visit includes a guided tour of the Regency hall whose design is attributed to Humphry Repton and his son, this visit may be of interest to the History Group. Full details and booking arrangements may be found under the Garden Group.

Pam Janacek

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KNIT and NATTER GROUP

We are a small group who appreciate the company, friendship and fellowship of meeting with like-minded people. We have people knitting a variety of pieces from garments and baby items through to novelty items and toys; tapestry making; felting; fresh lavender bags; Christmas decoration construction and beading/jewellery making. It is interesting to see what other people are doing and to help each other with our projects. Some of our group have been knitting items for charity which are delivered via the Norfolk Knitters and Stitchers to whom we are affiliated.

If anyone is interested in coming along (you don’t have to commit to every month) we meet at the Colney Pavilion, 2-4pm on the third Monday of the month.

The Group will meet on the following dates:

17 February 2020
16 March 2020
20 April 2020
18 May 2020
15 June 2020
20 July 2020

If anyone would like further info., please contact me mndholland76@gmail.com

Mandy Holland

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LUNCHEON GROUP

Thursday, 12 March 2020: The Eagle, Newmarket Road, Norwich

Please meet at noon for 12.30 pm. The restaurant offers a main menu and also Ciabatta sandwiches and wraps. Depending on numbers, we may have to order in advance. Many Firstbus and Konectbus routes stop very near the pub.

If you wish to attend, please email j.johnson@uea.ac.uk or phone 01603 456465 by Friday, 28 February as I will be away at the beginning of March.

John Johnson
Thursday, 2 April 2020: Rushcutters Arms at Thorpe Green, Yarmouth Road

Please meet at noon for 12.30 pm. The Rushcutter’s has a car park and is by Thorpe Green, Yarmouth Road (NR7 0HE), and is well served by bus. They offer light lunches and a large varied main menu. Since lunch will need pre-ordering I will send out an up-to-date menu beforehand.

If you would like to attend, please email sue.kitchener@ntlworld.com or phone 01603 610708 by Saturday, 28 March.

Sue Kitchener

Thursday, 7 May 2020: Kings Head, Bawburgh

Please meet at 12:00 for 12:30. We will have to pre-order so I will circulate the menu in April (the menu is changed every 6 weeks).

If you wish to attend, please email Pat Gyte at p.gyte@sky.com or phone 01603 458099 by Friday, 24 April or earlier if possible.

Pat Gyte

Thursday, 4th June 2020: Red Lion, Drayton

Please arrive before noon as the carvery opens at noon. The restaurant offers a traditional carvery for £6.95 or two pub classics from £11.99. Vegetarian, vegan and gluten free menus are available. Firstbus routes 28, 29 and X29 stop just across the road from the pub. There is a bus every 15 minutes from St Stephen’s and Castle Meadow and the journey time is about 20 minutes.

If you wish to attend, please email j.johnson@uea.ac.uk or phone 01603 456465 by Wednesday, 27 May.

John Johnson

If you would like to be added to the email list of regular diners, please email p.gyte@sky.com

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MUSIC GROUP

In addition to planned events, information about musical activities in Norwich is circulated from time to time to members who have shown interest. If you would like to be included in this circulation or wish to publicise any concert or musical event, please email Verity Lyall at vj.lyall@outlook.com or phone 01603 613698

Forthcoming events:

Saturday, 29 February: Keswick Hall Choir

United Reformed Church, Princes Street, 19.30

Sermon on the Mount

Cecilia McDowall: Ash Wednesday
Alissa Firsova: Stabat Mater
Arvo Pärt: The Beatitudes
Carl Rütti: Sermon on the Mount
Organ solos by Leoš Janáček and Petr Eben

Two settings of The Beatitudes are juxtaposed with two beautiful works for Lent and Holy Week and David Dunnett will explore the tonal range of the Willis organ in works by two Czech masters.
Organ: David Dunnett  
Director: Chris Duarte

If you would like to join a Retirement Association group to hear this well-loved local choir in a most interesting programme linked to the season, tickets are £14 pp unreserved. Please send cheques payable to UEA Retirement Association to Verity Lyall to arrive no later than 14th February. The group will meet before the concert for refreshments in Cinema City bar.

Two free events:

**Wednesday, 4 March 2020:** Ben Johnson (tenor) & Tom Primrose (piano)

Strode Concert Room, UEA Music Centre, 13.10 (doors open 13.05)

Many of us have enjoyed these lunchtime concerts and here is another to look forward to. No need to worry about tickets, just get to the Strode Room in good time to get a seat.

**Sunday, 8 March 2020:** UEA Chamber Choir Spring Concert

St Georges Tombland, 18.30

Under the direction of UEA Choirmaster Tom Primrose, chamber choir will perform a selection of Motets by Bach, including Singet dem Herrn and Komm Jesu Komm. William Falconer will present some of the composer’s best loved organ music. Do get there in plenty of time as St Georges is a small church and there will be a queue. Doors open at 18.00 and seats fill up quickly. I’ve recommended the Chamber Choir on several occasions and have no hesitation in doing so again.

**Saturday, 21 March 2020:** Norwich Philharmonic Orchestra and Chorus

St Andrew’s Hall, 19.30

**Beethoven:** Missa Solemnis

Nina Bennet - soprano  
Jessica Gillingwater - mezzo soprano  
Daniel Bartlette - tenor  
Robert Rice - bass

If you would like to join a Retirement Association group seated in the West Gallery to hear this exciting and seldom performed work, tickets are £18 pp. Please send cheques payable to UEA Retirement Association to Dr A Coddington by 28th February.

The group will meet before the concert for refreshments in Cinema City bar.

**Saturday, 25 April 2020:** Keswick Hall Choir with The Fishergate Viols

St Peter Mancroft, 19.30

**Transformations**

Nicholas Barton  
William Byrd  
Bob Chilcott  
John Dowland  
Orlando Gibbons

Semper Dowland (First performance)  
Ave verum corpus  
Silver swan  
Flow my tears & Can she excuse  
The silver swan
Henry Purcell arr. Gavin Bryars  *Dido’s lament*
John Sheppard  *Libera nos I & II*
John Tavener  *Magnificat & Nunc Dimittis ‘Collegium Regale’*
Roderick Williams  *Ave verum corpus re-imagined*

Music for Viol Consort

Please join us to hear an unusual programme explores reworkings, elaborations and re-imaginings. New pieces out of old (Barton, Chilcott & Williams), John Sheppard’s reworking of his own music and John Tavener’s iconic setting of the evening canticles are set alongside works for viol consort.

Tickets are £12 pp in advance. Please send cheques payable to UEA Retirement Association to Verity Lyall to arrive no later than 27th March.

The group will meet before the concert for refreshments, venue to be decided.

*Looking forward to the summer:*

**Saturday, 20 June 2020:** Academy of St Thomas

Salle Church 19.30pm

**Music for a Summer Evening**

Elgar  Serenade for Strings
Britten Serenade for Tenor, Horn & Strings
Holst  Brook Green Suite
Mendelssohn  String Symphony No.9
Joshua Ellicott – Tenor
Anna Douglass – Horn
Matthew Andrews – Conductor

Don’t miss our annual visit to the summer concert in beautiful Salle church. Tickets are £16 pp and once again Alan Coddington has kindly volunteered his help. If you would like to join us, please send cheques payable to UEA Retirement Association to Dr A Coddington by 31st March.

Don’t forget to bring a picnic to enjoy in these glorious surroundings.

Verity Lyall

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and finally ……

At the next AGM in June, John Johnson will step down as Chairman of the Association after 7 very successful years at the helm. The post of Chairman is normally held for two years, so we have been very lucky that John has been prepared to continue for so long. At that AGM I will have completed 15 years on the Committee with most of that time as Newsletter Editor. The June Renaissance will be number 63, and as my first issue as Editor was number 24 I think the newsletter has become rather stale and tired. I made some changes to the format, font sizes etc. when I started, but it has remained the same for many years and now deserves a new editor with fresh ideas on layout and content.

If you, dear reader, would be interested in helping your Association by taking on the role of Chairman (primarily chairing the monthly Committee meetings) or Newsletter Editor (editing Renaissance three times a year), please contact John (j.johnson@uea.ac.uk) or me (m.d.slaughter@gmail.com) for further information.

Mike Slaughter (Editor)
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<td>10</td>
<td>Walk</td>
<td>Around Elsing (Deadline 2 March)</td>
</tr>
<tr>
<td></td>
<td>12</td>
<td>Lunch Group</td>
<td>The Eagle, Newmarket Road, Norwich (Deadline 28 February)</td>
</tr>
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<td></td>
<td>16</td>
<td>Art</td>
<td>Art Group</td>
</tr>
<tr>
<td></td>
<td>17</td>
<td>Knitting/Knitting &amp; Knatter Group</td>
<td><strong>CANCELLED</strong></td>
</tr>
<tr>
<td></td>
<td>21</td>
<td>Games</td>
<td>Games Afternoon</td>
</tr>
<tr>
<td></td>
<td>25</td>
<td>Music group</td>
<td>Norwich Philharmonic Orchestra and Chorus (Deadline 28 February)</td>
</tr>
<tr>
<td></td>
<td>24</td>
<td>Talk</td>
<td>Deltiology – Gerald Brown</td>
</tr>
<tr>
<td></td>
<td>26</td>
<td>Walk</td>
<td>Short Walk – Ringland (Deadline 18 March)</td>
</tr>
<tr>
<td>April</td>
<td>2</td>
<td>Lunch Group</td>
<td>Rushcutters Arms at Thorpe Green, Yarmouth Road (Deadline 28 March)</td>
</tr>
<tr>
<td></td>
<td>6</td>
<td>Book Group</td>
<td>'The Spy and the Traitor' by Ben MacIntyre</td>
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<tr>
<td></td>
<td>6-10</td>
<td>Holiday Gentle walking at Lulworth HF, Dorset</td>
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<tr>
<td></td>
<td>14</td>
<td>Walk</td>
<td>Cromer to Overstrand (Deadline 11 April)</td>
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<tr>
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<td>20</td>
<td>Art</td>
<td>Art Group</td>
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<tr>
<td></td>
<td>20</td>
<td>Knitting/Knitting &amp; Knatter Group</td>
<td><strong>CANCELLED</strong></td>
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<td></td>
<td>21</td>
<td>Games</td>
<td>Games Afternoon</td>
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<tr>
<td></td>
<td>25</td>
<td>Music Group</td>
<td>Keswick Hall Choir with The Fishergate Viols (Deadline 27 March)</td>
</tr>
<tr>
<td></td>
<td>28</td>
<td>Talk</td>
<td>What was so special about Humphry Repton? - Professor Tom Williamson</td>
</tr>
<tr>
<td>May</td>
<td>7</td>
<td>Lunch Group</td>
<td>The King’s Head, Bawburgh (Deadline 24 April)</td>
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<tr>
<td></td>
<td>11</td>
<td>Book Group</td>
<td>'The Alice Network’ by Kate Quinn</td>
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<tr>
<td></td>
<td>12</td>
<td>Walk</td>
<td>Thurton and Claxton (Deadline 4 May)</td>
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<tr>
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<td>13</td>
<td>History Group</td>
<td>Visit to the John Innes Historical Library Collections (Deadline 4 May)</td>
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<td>18</td>
<td>Art</td>
<td>Art Group</td>
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<td>18</td>
<td>Knitting/Knitting &amp; Knatter Group</td>
<td><strong>CANCELLED</strong></td>
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<td></td>
<td>19</td>
<td>Games</td>
<td>Games Afternoon</td>
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<tr>
<td></td>
<td>21</td>
<td>Outing</td>
<td>Outing to Sutton Hoo (Deadline 30 April)</td>
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<tr>
<td></td>
<td>26</td>
<td>Talk</td>
<td>The Shoe Trade of Norwich – Barbara Miller</td>
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<td>28</td>
<td>Walk</td>
<td>Short walk – River and Railway, Horstead &amp; Coltishall (Deadline 22 May)</td>
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<tr>
<td>June</td>
<td>4</td>
<td>Lunch Group</td>
<td>Red Lion, Drayton (Deadline 27 May)</td>
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<td></td>
<td>8</td>
<td>Book Group</td>
<td>Poetry</td>
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<td></td>
<td>9</td>
<td>Walk</td>
<td>Horsey Estate walk (Deadline 26 May with pub lunch, 2 June without pub lunch)</td>
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<td></td>
<td>11</td>
<td>Garden Group</td>
<td>Visit to Hoveton Hall House and Gardens, (Deadline 28 May)</td>
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<td></td>
<td>15</td>
<td>Art</td>
<td>Art Group</td>
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<td></td>
<td>15</td>
<td>Knitting/Knitting &amp; Knatter Group</td>
<td><strong>CANCELLED</strong></td>
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<td></td>
<td>16</td>
<td>Games</td>
<td>Games Afternoon</td>
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<td></td>
<td>20</td>
<td>Music Group</td>
<td>Academy of St Thomas (Deadline 31 March)</td>
</tr>
<tr>
<td></td>
<td>23</td>
<td>AGM/Talk</td>
<td>AGM followed by John Betjeman – Tony Diamond</td>
</tr>
<tr>
<td>July</td>
<td>13</td>
<td>Book Group</td>
<td>'Machines Like Me’ by Ian MacEwan</td>
</tr>
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<td></td>
<td>14</td>
<td>Walk</td>
<td>Dilham and Honing Lock (Deadline 7 July)</td>
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<tr>
<td></td>
<td>15</td>
<td>Garden Group</td>
<td>Visit to Dale Farm, Sandy Lane, Dereham (Deadline 6 July)</td>
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<td></td>
<td>20-24</td>
<td>Holiday HF Discovery Tour at Abingworth</td>
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<td></td>
<td>20</td>
<td>Art</td>
<td>Art Group</td>
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<td><strong>CANCELLED</strong></td>
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<td></td>
<td>21</td>
<td>Games</td>
<td>Games Afternoon (Croquet)</td>
</tr>
<tr>
<td>Oct</td>
<td>5-9</td>
<td>Holiday Walking Holiday at Sedbergh, Yorkshire Dales</td>
<td></td>
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</tbody>
</table>
Prize Crossword

David Marshall has kindly compiled another crossword for our prize competition. As usual, there will be a prize for the first correct entry drawn from all entries received. Closing date: 31 May 2020

Please send your solution to:  M.Slaughter

Across (continued)

24  Flexibility lets newts exhale on the North Norfolk coast. (5,4,3,3)
25  Its sad, but moving, they get pleasure from inflicting pain. (6)
26  Dieted but made the original different. (6)

Down

1  Men fear about avoiding slavery or serfdom. (7)
2  Change later. (5)
3  Has been wails, we understand. (7)
5  End user made certain of matter. (7)
6  Strangely valued for being given special taste. (9)
7  Told story in the same family? (7)
8  Weapon-maker in a shady spot around second unknown quantity. (6)
13  Lentils ad infinitum was put in place. (9)
16  Take from basket cases but still create infected and inflamed tissue. (7)
17  Gets sailors out of bed to expose falseness? (7)
18  English River runs round brand of soap flakes. The best! (2,4)
19  Put dead around to make most modern. (7)
20  Aquatic plant we eased about answer. (7)
23  Sounds like a very large drain! (5)

Across

1  Baby sheep cast in iron and set alight briefly. (6)
4  Here, if confused, you may find a young cow! (6)
9  Cloth policeman? (Once the Crewe of Norfolk!). (6,9)
10  Make a mess of consecrated oil. (6)
11  Young chap surrounds limb by the seaside. (8)
12  Search engine with no cash makes a clever person. (8)
14  Die red, and be nasty! (6)
15  Attack around the South East had yeast added. (6)
18  Percussion instrument surrounds Ugandan dictators in celtic religion. (8)
21  Rhunt as I am, I still contain St Sofia! (8)
22  Hounds surround higher degree as matters of principle! (6)

Entry from ........................................................................................................................................................................
RESPONSE SLIP FOR GARDEN GROUP VISIT

Visit to Dale Farm Garden: Wednesday, 15 July 2020 at 2.00 pm

Name(s): ...........................................................................................................................................................

Address: ………………………………………………………………………………………………………………………………………

………………………………………………………………………………………………………………………………………………

Telephone number: …………………………………………… Mobile ……………………………………………………………

Email address: ……………………………………………………………………………………………………………………………

Are any of the places for guests (i.e. non Retirement Association members), required for insurance purposes.

Yes/No …………………………………………………………………………………………………………(name(s) if Yes)

I enclose payment for ……….place(s) at £7.50 per person.

Cheque enclosed for £…………………payable to ‘UEA Retirement Association’

Please return by Monday, 6 July to:

Pam Janacek

RESPONSE SLIP FOR GARDEN GROUP VISIT

Visit to Hoveton Hall House and Gardens: Thursday, 11 June 2020 at 2.00 pm

Name(s): ………………………………………………………………………………………………………………………………………

Address: ……………………………………………………………………………………………………………………………………………

………………………………………………………………………………………………………………………………………………

Telephone number: …………………………………………… Mobile ……………………………………………………………

Email address: ……………………………………………………………………………………………………………………………

Are any of the places for guests (i.e. non Retirement Association members), required for insurance purposes.

Yes/No …………………………………………………………………………………………………………(name(s) if Yes)

I enclose payment for ……….place(s) at £17.00 per person.

Any Dietary Requirements for the tea: ……………………………………………………………………………………………

Please return by Thursday 28 May* to:

Julie Lane

* Please note that Hoveton Hall have asked that final numbers and full payment be sent at least one week prior to the visit so we will not be able to take any further bookings (or cancellations) after the closing date.
RESPONSE SLIP FOR OUTING TO SUTTON HOO

Outing to Sutton Hoo: Thursday, 21 May 2020

Name(s): ...........................................................................................................................................................

Address: ...........................................................................................................................................................
...............................................................................................................................................................

Telephone number: ............................................ Mobile .................................................................

Email address: ...................................................................................................................................................

I enclose payment for .............place(s) at £45.50 each (non National Trust members).

I enclose payment for .............place(s) at £30.50 each (National Trust members).

Cheque enclosed for £.....................payable to 'UEA Retirement Association'

Are any of the places for guests (i.e. non Retirement Association members), required for insurance purposes

Yes/No..........................................................(name(s) if Yes)

Please return by Thursday, 30 April 2020 to:

Mrs. Mandy Holland

...............................................................................................................................................................