

The D-DRINC Study : Participant Information

Sheet *[easy read]* IRAS Project ID: 317892

Would you like to take part in my study?

My name is Ellice.

I am doing a study in your home.



What do I want to find out?

I hope to learn about drinking in your home.

I would like to know what you think about your drinks.

I would like to know what things help you to drink.

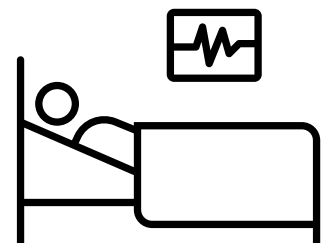


Why are we doing this study?

Drinking is really important.

When people don't drink enough, they might get poorly.

We would like to know why some people don't drink enough.



Why am I asking you to take part?

I would like to speak to you because you live in Burlingham House.



You might also have problems remembering sometimes, such as remembering to drink and the kinds of drinks you like.

What will happen in this study?

I will be spending time in your home.

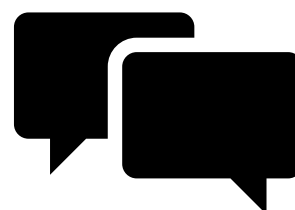
I would like to get to know you.

I would like to see the kinds of drinks you like.

I will sometimes ask you some questions about drinking.

It's ok if you don't have an answer.

I will also ask for some of your personal information from the people who care for you, and from your home's records.



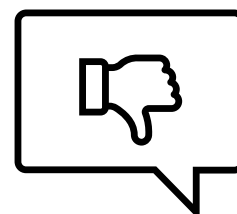
Can I say No to joining the study?

Yes, you can say 'NO'.

It's ok to say 'NO'.

If you say 'YES', you can change your mind at any time.

You don't need to say why you have changed your mind.



What should I do if I want to say YES to joining the study?

Speak to your family or a Carer.

Ask them to contact me (Ellice), to say you would like to take part.

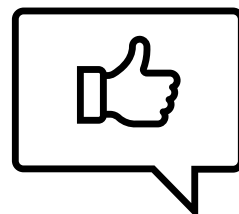
I will then meet with you to talk about the study.

You can ask me any questions.

I will ask you some questions about the study.

If you would like to take part, I will ask you, or someone you trust to sign a 'consent form'.

The 'consent form' shows that you said 'YES' to the study.



Could joining the study be bad for me?

You could get upset while I am in your home.

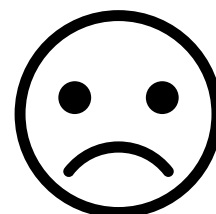
You could find it confusing when I am in your home.

I understand if you get upset.

You can ask me to leave.

You can ask me to stop asking questions.

I will find someone you know well to talk to, if you would like that.



Could joining the study be good for me?

You will be helping us to understand how we can help people who find it difficult to remember things, to drink better.



This is really important.

You might enjoy taking part in the study.

Will I keep things private?

Our conversations may not always be private. Other people might hear our conversations and hear your information.



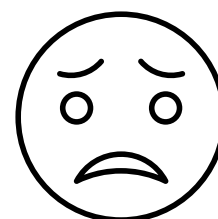
I will take notes when I'm sitting in your home and talking with you.

I will keep these notes private.

Only the Research team (Diane, Lee, Fiona) will see these.

If I take any audio-recordings of our conversations, I will save them securely on my computer. I will then delete them from the recorder before I leave your home.

If I am worried by something that you say, which involves someone hurting you, then I can't keep it private.



I will tell someone who cares for you, or social services, to help.

What will you do with my information?

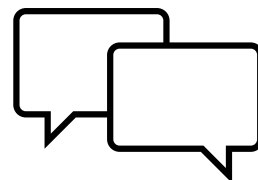
I will not use your name on any of my notes. I will give you a fake name instead.

I will share what I've learned from you and your home at:



What if I'm not happy?

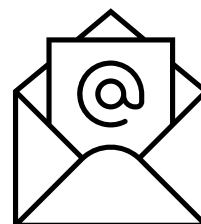
If you are worried about the study, or want to complain, you can tell me, **Ellice**.



If you would like to tell someone else that you're not happy, you can tell **Diane**.

Diane is in the Research team.

Diane's email and telephone number are: 01603 591966; d.bunn@uea.ac.uk



You can also contact Sally Hardy (Dean of school of Health Science, UEA): s.hardy@uea.ac.uk

You can also tell the people who care for you, that you're not happy.

Would you like to take part in the study?

You can contact me (**Ellice**) at ellice.parkinson@uea.ac.uk

You can tell someone who cares for you, that you would like to take part.

You can also contact **Diane** at 01603 591966; d.bunn@uea.ac.uk



Thank you for taking the time to read this information sheet. If you would like to speak to Ellice more about the research, or have any concerns, please contact her on ellice.parkinson@uea.ac.uk. Alternatively, you can raise any concerns with Diane Bunn (Ellice's supervisor) at d.bunn@uea.ac.uk.

The D-DRINC study is part of Ellice's PhD project at the University of East Anglia, which aims to explore and understand dehydration amongst older adults, with a particular focus on care home residents with memory problems. It is jointly funded by UEA, NIHR Applied Research Collaboration east of England and NHS South Norfolk and Suffolk CCG.