

Part 1 Proficiencies and simulation session mapping – UEA S19 cohort

Participates in assessing needs and planning person-centred care

1. Demonstrates and apply knowledge of commonly encountered presentations to inform a holistic nursing assessment including physical, psychological and socio-cultural needs. (3ANPC 3.3).

Relevant simulation session:

Physiological observations session + related sessions

Physical first aid + 3 hours + Self-directed study (St Johns Ambulance)

Mental Health first aid + self-directed study

Recognising the unwell patient

Personal Care + self-directed study

Nutrition + self-directed study

MH students – MH assessment

Child students – worked with school children doing physiological observation

2. Demonstrates understanding of a person's age and development in undertaking an accurate nursing assessment. (3ANPC 3.1).

Relevant simulation session:

All sessions taught from a life span perspective

3. Accurately processes all information gathered during the assessment process to identify needs for fundamental nursing care and develop and document person-centred care plans. (1BAP 1.16, 3ANPC 3.2, 3.5, A 1.8).

Relevant simulation session:

Nutrition session

Continence session

Personal care session

Medicine administration session

Communication session

Participates in providing and evaluating person-centred care

4. Work in partnership with people, families and carers to encourage shared decision-making to manage their own care when appropriate. (1BAP 1.9, 3ANPC 3.4, 3.15).

No related simulation session

Participates in providing and evaluating person-centred care	
5. Demonstrates an understanding of the importance of therapeutic relationships in providing an appropriate level of care to support people with mental health, behavioural, cognitive and learning challenges. (4PEC 4.4, B1.1.1, B1.1.2, B1.1.3).	
Relevant simulation session:	
Communication	
MH first aid	
All other sessions embed concept of therapeutic relationships.	
6. Provides person-centred care to people experiencing symptoms such as anxiety, confusion, pain and breathlessness using verbal and non-verbal communication and appropriate use of open and closed questioning. (4PEC 4.8, A1.3, A1.4, A1.5, A2.5, B1.1.1, B3.5, B8.1).	
Relevant simulation session:	
Communication	
MH first aid	
Recognising the unwell patient	
Physical first aid (full moulage)	
7. Takes appropriate action in responding promptly to signs of deterioration or distress considering mental, physical, cognitive and behavioural health. (1BAP 1.12, 4PEC 4.8, B1.1.1 - 1.1.5, B1.2.1, B1.2.2, B10.1).	
Relevant simulation session:	
Communication	
MH first aid	
Physical first aid (full moulage)	
Recognising the unwell patient	
8. Assesses comfort levels, rest and sleep patterns demonstrating understanding of the specific needs of the person being cared for. (4PEC 4.1, B3.1).	
No related simulation session	
9. Maintains privacy and dignity in implementing care to promote rest, sleep and comfort and encourages independence where appropriate. (4PEC 4.1, B3.6).	
Potential relevant simulation session:	
Personal care	
Continence	

Participates in providing and evaluating person-centred care
<p>10. Assesses skin and hygiene status and determines the need for intervention, making sure that the individual remains as independent as possible. (4PEC 4.7, B4.1).</p> <p>Relevant simulation session: Personal care Contenance</p>
<p>11. Assists with washing, bathing, shaving and dressing and uses appropriate bed making techniques. (B3.2, B4.3).</p> <p>Relevant simulation session: Personal care</p>
<p>12. Supports people with their diet and nutritional needs, taking cultural practices into account and uses appropriate aids to assist when needed. (4PEC 4.6, B5.3).</p> <p>Relevant simulation session: Nutrition Fluid management</p>
<p>13. Can explain the signs and symptoms of dehydration of fluid retention and accurately records fluid intake and output. (4PEC 4.6, B5.4).</p> <p>Relevant simulation session: Fluid management Recognising the unwell patient</p>
<p>14. Assists with toileting, maintaining dignity and privacy and managing the use of appropriate aids including pans, bottles and commodes. (4PEC 4.6, B6.1).</p> <p>Relevant simulation session: Contenance</p>
<p>15. Selects and uses continence and feminine hygiene products, for example, pads, sheaths and appliances as appropriate. (B6.2).</p> <p>Relevant simulation session: Contenance</p>
Participates in procedures for the planning, provision and management of person-centred care
<p>16. Assesses the need for support in caring for people with reduced mobility and demonstrates understanding of the level of intervention needed to maintain safety and promote independence. (4PEC 4.7, B7.1)</p>

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<p>Relevant simulation session: Manual Handling</p>
<p>17. Uses a range of appropriate moving and handling techniques and equipment to support people with impaired mobility (B7.2, B7.3). Relevant simulation session: Manual Handling</p>
<p>18. Consistently utilises evidence based hand hygiene techniques. (B9.6). Relevant simulation session: IP&C</p>
<p>19. Identifies potential infection risks and responds appropriately using best practice guidelines and utilises personal protection equipment appropriately. (B9.1, B9.4). Relevant simulation session: IP&C</p>
<p>20. Demonstrates understanding of safe decontamination and safe disposal of waste, laundry and sharps. (B9.7, B9.8). Relevant simulation session: IP&C Personal care Medicine Management</p>
<p>21. Effectively uses manual techniques and electronic devices to take, record and interpret vital signs, and escalate as appropriate. (3ANPC 3.11, 3.12, B2.1, B4.8). Relevant simulation session: Physiological observations Recognition of the unwell patient</p>
<p>22. Accurately measure weight and height, calculate body mass index and recognise healthy ranges and clinical significance of low/high readings. (3ANPC 3.11, 3.12, B2.1, B4.8). No related simulation session</p>
<p>Participates in procedures for the planning, provision and management of person-centred care</p>
<p>23. Collect and observe sputum, urine and stool specimens, undertaking routine analysis and interpreting finding. (3ANPC 3.11, 3.12, B2.9). Relevant simulation session: Continence (not sputum – Gary Parlett to approach NMC as currently challenging so seeking guidance)</p>

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Participates in improving safety and quality of person-centred care
<p>24. Accurately undertakes person-centred risk assessments proactively using a range of evidence based assessment and improvement tools. (6ISQC 6.5, B7.1).</p> <p>Relevant simulation session: NEWS/PEWS Recognising the Unwell patient MUST in nutrition session Manual handling</p>
<p>25. Applies the principles of health and safety regulations to maintain safe work and care environments and proactively responds to potential hazards. (6ISQC 6.1, 6ISQC 6.6).</p> <p>Relevant simulation session: Manual Handling Health & Safety e-learning</p>
<p>26. Demonstrates an understanding of the principles of partnership, collaboration and multi-agency working across all sectors of health and social care. (3ANPC 3.15, 7CC 7.1).</p> <p>No related simulation session</p>
<p>27. Demonstrate an understanding of the challenges of providing safe nursing care for people with co-morbidities including physical, psychological and socio-cultural needs. (3PEC 3.13, 7CC 7.5).</p> <p>Relevant simulation session: Physical first aid Mental health first aid Nutrition Personal care</p>
<p>28. Understand the principles and processes involved in supporting people and families so that they can maintain their independence as much as possible. (3ANPC 3.15, 4PEC 4.2, 7CC 7.8).</p> <p>Relevant simulation session: Manual Handling Personal care Communication Mental Health first aid Continence</p>

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Nutrition Medicine administration Fluid management
Participates in improving safety and quality of person-centred care
29. Provides accurate, clear, verbal, digital or written information when handing over care responsibilities to others. (A1.8, A1.9, A1.11) Relevant simulation session: Recognition of the unwell patient Communication Physiological observation Medicine management