

ImpACT GROUP



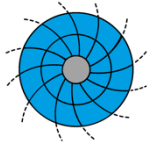
SCHOOL  
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**Professor Sally Hardy. Dean School of Health Sciences, University of East Anglia, and Co Director, ImpACT Research Group**

Professor Sally Hardy has always tried to maintain clinical interest as a mental health practitioner, researcher and educator, who has spent over 30 years engaging in public sector organisations such as health care and higher education. Her interest in organisational transformation is drawn from practice driven, action orientated research methodologies, gained from working at the Royal College of Nursing Institute, and put into practice at an organisational level during her time in Melbourne Australia at the Royal Children's Hospital in a joint role with Monash University. She has extensive experience working across both health services and higher education, and is leading the ImpACT Group, part of UEA HSC Partnership's burgeoning community.

After starting her career as an adult nurse at Guy's Hospital in London, Sally moved into mental health nursing obtaining a Master's Degree in Clinical Mental Health Nursing at the Institute of Psychiatry London. She then gained her Doctorate and remained for 10 years at the University of East Anglia, Norwich, then spend time in Australia, where she held leadership roles at several high profile organisations including the Royal Children's Hospital in Melbourne Australia. Returning to England, Sally continued to sustain practice partnerships in senior academic roles at City University, London and London South Bank University, where she established the People's Academy and an artist in residence scheme alongside research collaborations. Throughout her academic career, Sally has remained closely linked with the NHS, promoting practitioner led inquiry and transformational change through evidence based health care. Sally re-joined the University of East Anglia in September 2019 as Professor of Mental Health and Practice Innovation and Dean School of Health Sciences.



Sally's research focuses on understanding what contributes to a sustainable workplace culture that promotes practice expertise; achieved through use of a facilitated transformational approach to systems wide inclusive innovation.

### Publications (2017 – present)

**Hardy S**, Clarke S, Frei I.A., Morley, C., Odell J., White, C., Wilson V (2021) *Revising the core principles of practice development*. Chapter 8 in *International Practice Development*. Wiley Press. Oxford. In press

**Hardy S** & Dwaah M (2020) *Looking after our selves: Well being resilience and self help strategies*. Chapter X in Gamble C, & Brennan G (2020) *Working with Serious Mental Illness*. 3<sup>rd</sup> Edition. Elsevier in press.

Gaskin, C., Chaplin E & **Hardy, S** (2020) Advanced Nurse Practice in Mental Health: Towards parity of esteem. *Nursing Times*. Accepted for future publication

**Hardy, S**, Van Essen, F., & Pingani L (2020) Computer incursion in Psychiatry via e mental health. Innovation and implications to keep in mind. *Rivista Sperimentale di Freniatria*. 2020

Marshall-Tate, K., Chaplin, E., Ali, S., & **Hardy, S.** (2019). Learning disabilities: supporting people in the criminal justice system. *Nursing Times*, 115(7), 22-26.

**Hardy, S.**, Hallett, N., & Chaplin, E (2019) Evaluating a Peer Support Model of Community Wellbeing for Mental Health: A Coproduction Approach to Evaluation, *Mental Health and Prevention* 13 149-158

**Hardy, S.**, Winship, G & Bray, J (2018) Mental health nursing and the importance of celebrating the Skellern Lecture and JPMHN Lifetime Achievement Award, 2018. *Journal of Psychiatric and Mental Health Nursing* Guest Editorial 14<sup>th</sup> March 2018 <https://doi.org/10.1111/jpm.12460>

**Hardy, S.E.**, Malby, R., Hallett, N., Farooq, A., Chamley, C., Young, G., White, X.H. and Turner, W., (2018) Introducing a People's Academy into Higher Education: A coproduction approach to sustained well-being. *Higher Education, Skills and Work-Based Learning*, 8(1), pp.70-79.

Heming, M., Concannon, G., Chaplin, E., Tolchard, B., Van Essen, F. & **Hardy, S** (2018) Opportunities for Sustainable International Inter-Faculty Collaboration at a time of Brexit. *hsg Bochum ·Hochschule für Gesundheit Schriftenreihe · Nr. 2018-II*

**Hardy, S.**, Chaplin, E & Tolchard, B (2017) A Workforce Development Project: Working with Children and Young People with Learning Disabilities and Comorbid Mental Health/Autism/Challenging Behaviour Conditions - Commissioned by the Tavistock and Portman NHS Foundation Trust

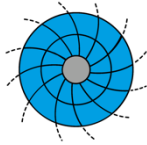
Loos,M., Delree,J., & **Hardy, S.** (2017) A Guide to Best Practice Dementia Care: Lessons Learned from a Serious Case Review *Journal of All Ireland Gerontological Nurses Association* 4 (1) 34-38

White,X & **Hardy, S** (2017) *Phosphenes of Qualia: A glass fine art exhibition catalogue*. researchopen.lsbu.ac.uk. DOI 10.18744/PUB.000806

**Hardy, S.** and White X,H. (2017) Promoting Care Giving Interventions through the Dance of Caring Persons (After Pross et al.). *J Comm Pub Health Nurs* 3:148. doi:10.4172/2471-9846.1000148

### Conference Presentations (2008 - present)

- Invited Key Note. *Creative Art, Depression and Self Management*. Care Art Basel University Psychiatric Hospital Basel 15<sup>th</sup> and 16<sup>th</sup> June 2021
- *Infinite change within public sector organisations: Praxis Transformation*. Inaugural Lecture, UEA 21 January 2020
- Key Note. *Collaborate to Innovate*. University of Modena, Reggio Emilia, Italy 22 May 2019
- Invited Keynote: *Stakeholder Inclusion in Action Research: Truth or Tokenism?* Voicing and Valuing: Daring and Doing 25-27<sup>th</sup> October, Manchester
- *Creative arts: A new modality in treatment for improved wellbeing?* No Health without Mental Health Symposia 26-27<sup>th</sup> September, 2018. University of West Indies, Trinidad and Tobago. Faculty of Medical Sciences.



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- Invited Keynote: *From Research to Practice: Across nursing, midwifery and allied health.* University of Applied Sciences, Bochum Germany. 20 – 21<sup>st</sup> September, 2018
- Enhancing Practice Conference, Basel Switzerland (2018), *Recognising & Developing Person Centred, Safe & Effective Workplace Cultures* (co presented with K Manley, S Cardiff & K Sanders).
- National Children & Adult Services Conference (2015), *How was it for you? Assessing the impact of the Care Act on Adult Safeguarding.*
- Healthcare Conferences (2014), *Developing Generic Pathways for Frail Older People* (co presented with R Sainsbury) – *Keynote.*
- Enhancing Practice 10, Belfast (2010), *The place & influence of culture within practice development* (co presented with K Sanders).
- Dementia Care – A Positive Future (2010): *Seeing the person not the patient; opportunities & challenges in general hospital care.*
- Healthcare Events (2009), *Nursing Older people on the Wards: Providing Seamless Care for Older People: Providing Seamless Care for Older People: linking Primary & Social Care – keynote.*
- Through a Glass Darkly (2009), National Council for Palliative Care, *Nursing Older People in Hospital – keynote.*
- One Voice, Age Concern/ Help the Aged (2009), *Enabling Dignity in Care through Practice Development with Older People - keynote*
- Nursing Older People, RCN (2009), *Enabling Dignity in Care through Practice Development with Older People*
- 8<sup>th</sup> International Practice Development Conference, Koninhshof, the Netherlands, (2008), *Enabling Dignity in Care through Practice Development with Older People.*
- Towards Professional Wisdom, University of Edinburgh (2008), *Person-centred assessment with older people. An action research study to explore registered nurses understanding of the process of person-centred assessment within a framework of emancipatory practice development.*
- Healthcare Events (2008), Chair of Conference & presenter: *Person-Centred Assessment with Older People.*