

## **INSPECTION COPY OF SNAP TOOL**

### **SNAP: Support Needs for Patients**

**This is a watermarked copy of SNAP tool and is for inspection purposes only – it must not be used for research or clinical practice.**

**The SNAP tool is available in an A4 (single sheet) or A5 (booklet) format – this watermarked inspection copy is in the A5 (booklet) format.**

**Once you have assessed the SNAP tool for suitability you must formally request a full licence. If the licence request is for use of the SNAP tool in clinical practice (outside of, or within, a research study) then SNAP training must be completed – SNAP training is available online, free of charge, at: [theSNAP.org.uk](http://theSNAP.org.uk)**

**The SNAP tool is copyrighted – the SNAP tool content must not be changed, and the copyright statement must not be removed.**

# How are you

We would like to know what support you need. Please tick the box that best represents your needs now, for each statement below.

Do you need <b>more support</b> with...	No	A little more	Quite a bit more	Do you need <b>more support</b> with...	No	A little more	Quite a bit more
...understanding your illness				...practical help in the home or garden			
...managing your symptoms (including medication and oxygen )				...your personal care (e.g. dressing, washing)			
...dealing with your feelings and worries				...aids or equipment to help you			
...looking after any other physical health problems you may have				...family relationships (including talking to your relatives about your illness)			
...having a healthier lifestyle (e.g. keeping active or eating well)				...knowing what to expect in the future			
...getting out and about				...accessing or using services			
...overcoming boredom or loneliness				...anything else - please write in:			
...financial, legal, work or housing issues				<b>Does a family member or friend who helps you need more support?</b>			