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**‘Why use mixed methods in feasibility studies?
Lessons from the FeSTIvALS trial
of a stroke rehabilitation later after stroke.’**

Dr Jane Cross, Senior Lecturer in Physiotherapy,
School of Health Sciences, University of East Anglia

**Wednesday 21 January 2015, 1 – 2pm
Edith Cavell Building Room 01.10B**

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Seminar Presentation

Many stroke survivors are left with disability detrimental to everyday life. Stroke survivors in the chronic phase have often been perceived to have “plateaued” in terms of potential for further motor improvement as spontaneous recovery occurs mainly in the first three months after stroke. The FeSTIvALS Stroke Association study was a randomized evaluation of the efficacy of functional strength training for enhancing walking and upper limb function later after stroke. The design included mixed methods so as to combine peoples’ experience of engaging in this type of activity, with the objective measurement of results. This presentation will consider the benefits and challenges in using mixed methods in complex clinical research.

Brief Biography

Jane Cross is a physiotherapist and Senior Lecturer at University of East Anglia. Her research interests are both qualitative and quantitative in the field of rehabilitation covering clinical specialities and long term conditions both within acute care and the community. She is particularly interested in respiratory medicine and the role of rehabilitation and participation across health care settings. She has a broad experience in education, including gaining her doctorate in Education at UEA. She has been successful in gaining major NIHR funding including, as Principal Investigator the NIHR Health Technology Assessment (HTA)-funded MATREX trial and locally-commissioned evaluations using mixed methods. She has supervised research students in both qualitative and quantitative methods and was Research Lead for the Rehabilitation research group within the former UEA School of Rehabilitation Sciences. She is now a member of the HTA's national research project assessment panel.

If you are attending from outside the University, please check the seminar is taking place.

Contact Sally Beet: 01603 591212 or email: Sally.Beet@uea.ac.uk

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