

"[This] has made my CV look good..."



"...and throughout life generally, it's always good to give back."

Amelia East

Fourth Year Pharmacy

Fairyland Trust & Norfolk Symphony Orchestra

Amelia has undertaken two very different voluntary roles whilst studying, and gained different skills from each:

At the Fairyland Trust, a charity which aims to 'help bring children to nature and nature to children', Amelia was involved with the annual Fairy Fair and with workshops with children. She worked in the festival café and engaged with children and families in a very practical outdoor role.

At Norfolk Symphony Orchestra (NSO), Amelia took on responsibility for online advertising. This was all the more interesting because NSO don't actively recruit volunteers and Amelia gained this position by utilising personal contacts, which can be a brilliant way to find a more unusual role.

Online literacy is important in almost every job, so this experience demonstrates a skill set which wasn't part of Amelia's course but will be needed when she applies for graduate roles.

Amelia told us that all this experience has improved her interpersonal skills, which are obviously crucial for a Pharmacist, and she also felt that the volunteering she did improved her teamwork and gave her transferable skills. Although she is still studying right now, she said that her CV looked much better for the addition of the volunteering work.

Amelia says that she would definitely recommend volunteering to other students!

