

A guide for students, parents,
carers and professionals. Together
we can support specific learners
on their journey to university.

INCLUDING ME

uea.ac.uk/outreach/INCLUDINGME

UEA's Outreach team offer a huge range of free activities for students, guardians and professionals to experience university life to find out how to access higher education.

We work with schools, colleges and sixth forms in our region to arrange talks and workshops in the classroom, as well as trips to UEA. Outreach staff have built strong relationships with Local Authority departments, charities and other third sector organisations to increase awareness of the opportunities on offer with UEA.

Our focus is not to recruit students to UEA (but of course it's lovely if you do want to study with us!). Our main aim is to make sure you get the information and encouragement needed to make the best education choice for you or your young people.

WHAT YOU'LL FIND IN THIS GUIDE:

WHO IS THE INCLUDING ME PROGRAMME FOR?

ACTIVITIES AND OPPORTUNITIES FOR YOUNG PEOPLE

SUPPORT DURING UNIVERSITY

INFORMATION FOR INFLUENCERS – PARENTS, CARERS AND PROFESSIONALS

CONTACT US:

INCLUDINGME@uea.ac.uk
01603 591 960

uea.ac.uk/outreach/INCLUDINGME

 **@OutreachUEA**

CS0719/001

WHO IS THE INCLUDING



PROGRAMME FOR?

Our **INCLUDINGME** programme offers extra activities to encourage and support a diverse range of students who might face particular barriers on their path to university, including:

STUDENTS IN LOCAL AUTHORITY CARE, AND THOSE WHO HAVE PREVIOUS EXPERIENCE OF LIVING IN CARE

STUDENTS WITH A DISABILITY, MENTAL HEALTH CONDITION OR A SPECIFIC LEARNING DIFFICULTY SUCH AS DYSLEXIA, DYSPRAXIA OR AD(H)D

YOUNG PEOPLE AND YOUNG ADULTS WITH CARING RESPONSIBILITIES AT HOME

YOUNG PEOPLE ATTENDING ALTERNATIVE OR THERAPEUTIC EDUCATION PROVISION

STUDENTS WHO ARE ESTRANGED FROM THEIR PARENTS. THIS MEANS YOU HAVEN'T HAD CONTACT WITH ANY LIVING PARENT FOR A SIGNIFICANT PERIOD, USUALLY 12 MONTHS OR MORE

STUDENTS FROM GYPSY, ROMA AND TRAVELLER COMMUNITIES

STUDENTS WITH REFUGEE STATUS, AND THOSE SEEKING SANCTUARY

If you are a young person with any of these experiences, we encourage you to take part in our fun, supportive and free activities.

There are lots of opportunities to choose from, so check the centre pages for more details of what's on offer.

If you are the parent or carer of a prospective student, or if you work with young people in a professional capacity, we welcome enquiries from you too. See our influencers page for details of our opportunities for you.

ACTIVITIES AND OPPORTUNITIES FOR YOUNG PEOPLE

SUMMER SCHOOLS

Get a taste of life at UEA by attending an overnight summer school (usually held in July and August each year).

Students in Years 9-11 can spend a night or two in a student bedroom, try out different subjects, take part in fun social activities, and find out what to expect from higher education.

Our **Experience Uni** event is similar, but it's just for students who have lived in local authority care. You can choose which summer school will suit you best, and feel free to get in touch if you need some help deciding.

All transport, accommodation and food is free at these events.

FULL INFORMATION:

VISIT:
uea.ac.uk/outreach/summerschools

UEA also offers a summer school for Year 12 students. Explore your favourite subject and get some answers to your questions before you apply to uni. These are chargeable events, but we offer free places for students who meet the eligibility criteria.

FULL INFORMATION:

VISIT:
uea.ac.uk/outreach/universitytasters

STUDENT SHADOWING

Visit us by yourself for a special trip to find out more about the subject you love (ideal for age 16+).

It's understandable to feel a bit nervous about the idea of university, but some students have more worries than others. If you're 16+ and have specific support needs, or feel one of our larger events and Open Days wouldn't suit you right now, why not apply for a Student Shadowing experience?

Visit for two to three hours for a completely personalised trip, designed to help you gain confidence and get answers to your questions. We'll pair you up with a current UEA student who is studying the subject you're most interested in. Have a personalised tour and look inside student accommodation, as well as finding out about study support and help at university.

HOW TO APPLY:

VISIT:
uea.ac.uk/outreach/shadowing
EMAIL:
INCLUDINGME@uea.ac.uk



CAMPUS VISITS FOR SPECIFIC GROUPS

Visit with a group of friends and be inspired together (ideal for any age).

We arrange free day trips for groups of young people who have something in common which might have an impact on their education, now or in the future.

Our group visits are an opportunity to check out a university with friends and explore how you might get to uni in the future. We'll ask you in advance about any questions or worries you might have, and make sure we give you the information and experiences you need to be confident about making the right choice for you.

We have lots of experience of working with charities, fostering agencies, young carer support groups, alternative provision schools, and more.

TRANSPORT FUNDING

We don't want transport costs to stop you from accessing the opportunities on offer at UEA.

FIND OUT HOW WE CAN HELP:

VISIT:
uea.ac.uk/outreach/travelfund

TALKS, WORKSHOPS AND HELP WITH APPLICATIONS

Gain the knowledge you need to progress to university.

Outreach staff and current students can chat with you about lots of university topics:

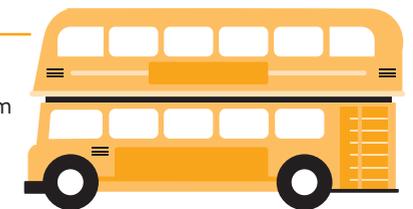
HEAR FROM CURRENT STUDENTS ABOUT WHAT UNIVERSITY LIFE IS REALLY LIKE

FIND OUT ABOUT FINANCIAL SUPPORT AT UNIVERSITY

EXPLORE THE COURSES AND CHOICES OPEN TO YOU

LEARN ABOUT HOW TO APPLY FOR A PLACE AT UNI, AND WHAT A PERSONAL STATEMENT REALLY IS

CONSIDER WHAT HELP AND SUPPORT YOU MIGHT NEED AT UNI - AND FIND OUT WHERE TO GET IT



INCLUDINGME@uea.ac.uk

SUPPORT DURING UNIVERSITY

SUPPORT SERVICES

We want to help you to discover the right course for you. We also want to make sure you're confident about the help and advice that will be available for you when you actually start your university studies.

UEA and many other universities offer free, optional and confidential support to their students, including:

STUDY SUPPORT

CAREERS GUIDANCE

DISABILITY AND LEARNING DIFFICULTIES HELP

MENTAL HEALTH AND WELLBEING SUPPORT

COUNSELLING SERVICES

ACCOMMODATION ADVICE



FINANCE

There might be extra funding available at university too, based on your circumstances. Some universities offer bursaries or scholarships (free, non-repayable money) for care leavers, young carers, estranged students, sanctuary seekers and more.

For example, UEA currently offers a specific bursary for care leavers as well as bursaries for students from low-income households. We also have a number of sanctuary scholarships for students seeking asylum in the UK.

Students with disabilities, learning difficulties or mental ill health can apply to the government for Disabled Students' Allowances to cover some of the costs you may encounter during your studies.

Each university may offer different support services and financial arrangements, so the best thing to do is to look at the websites of the universities you're interested in.



FULL INFORMATION

More information on all of our financial support and details on how to apply is available online.

VISIT: uea.ac.uk/finance

INFORMATION FOR INFLUENCERS – PARENTS, CARERS AND PROFESSIONALS

Discover ways to guide your young people on their journey to higher education. We aim to create an inclusive environment in all our activities and are very happy to discuss individual requirements ahead of our events. We encourage parents, carers, school staff and other professionals to contact us with any requests or concerns.

BOOK A VISIT

Arrange a trip for your group or young person by contacting us.

EMAIL INCLUDINGME@uea.ac.uk OR CALL 01603 591 960

The focus is on having a positive introduction to university, with an emphasis on relevant student support. Visits are adaptable to reflect the concerns, needs, and interests of your young people, and may include students from a varied range of ages and study levels.

Outreach staff can also attend your own staff training days or other events to deliver information about all aspects of progressing to higher education, including:

SUPPORT AT UNIVERSITY

CHOOSING A COURSE AND UNI

STUDENT FINANCE

WHAT HAPPENS ON RESULTS DAY AT SIXTH FORM OR COLLEGE?

UCAS APPLICATIONS AND PERSONAL STATEMENTS

“ Just wanted to thank you and your team for our visit... We were made to feel very welcome and the pupils gained a huge amount of knowledge and aspirations. ”

Staff at an alternative education provider

NNECL
Member 2018 -19



Virtual School for
**Looked After and Previously
Looked After Children**

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