

STAFF

Niall Broomfield – Head of Department & Programme Director/ Professor

Niall completed his PhD in Psychology at University of Sheffield in 1998. His research modelled attention bias in anxiety using a cognitive psychophysiological approach. Niall completed his Doctorate in Clinical Psychology at University of Glasgow in 2001. His research explored effectiveness and putative mechanisms of paradoxical intention therapy for insomnia. On qualifying Niall took up dual clinical-academic posts, working on the ClinPsyD at Glasgow including to research insomnia in the Glasgow Sleep centre, and clinically in NHS Older Adult Mental Health Services. In 2008, Niall became a Consultant Clinical Psychologist with NHS Greater Glasgow and Clyde and led on development of the stroke psychology service. Niall grew this over ten years into one of the largest services of its kind in the UK. Two NRS Clinical Fellowships awards allowed Niall to pursue research alongside his clinical and leadership commitments, to advance the neuropsychology (mood and cognition) of stroke and Niall continues to lead/collaborate on a range of NHS based studies of prevalence, screening and intervention. In 2017 Niall was elected as National Lead for Stroke Psychology in Scotland. He spoke in Parliament on the need for national services expansion. Through 2017, Niall completed the 'Leading For The Future' national leadership programme and in 2018, Niall became an Honorary Clinical Associate Professor at University of Glasgow. In December 2018, Niall joined the University of East Anglia as full Professor of Clinical Psychology and Head of Department of Clinical Psychology. Alongside his clinical and research work in stroke and cerebrovascular disease, Niall continues to research behavioural sleep medicine, specifically psychological/behavioural models, and therapies, of insomnia and related sleep disorders.

Siân Coker – Deputy Head of Department & Director of International developments/Professor

Siân completed her first degree at Hull University in 1983. She then went on to complete a combined DPhil and Clinical Psychology training at York University in 1987. Siân's DPhil thesis examined Eating patterns in normal and clinical populations and this remains her primary area of interest today. Following this she took up a Senior Research Associate appointment at the Psychiatric Research Unit in Cambridge University Department of Psychiatry. During this time she was involved in several treatment studies for patients with eating disorders and became the Head of Psychological Services for patients with eating disorders at Addenbrookes Hospital.

In 1991 she was awarded the Isaac Newton Research Fellowship, from Trinity College. Siân began working part-time on the Clinical Psychology training programme at UEA in 1994. In 2013 she became Deputy Programme Director (Academic). Siân is a Reader and Senior Research Tutor on the programme. She is also Postgraduate Director for ClinPsyD in the School.

Siân's research and clinical interests lie in the field of eating disorders, and mothers and children. Her main research has focused on the treatment of bulimia nervosa, but more recently she has been involved in a number of collaborative projects looking at perfectionism and eating disorder psychopathology. (2016).

Peter Beazley – Deputy Programme Director / Senior Clinical Tutor

Peter qualified as a Clinical Psychologist in 2009. He completed his clinical training at the Institute of Psychiatry, King's College London, after obtaining his undergraduate degree from Oxford University. In addition he has a Post Graduate Certificate in Mental Health Law from the University of Northumbria. Peter developed an interest in working with offenders with mental health problems whilst completing his clinical training.

Prior to joining UEA in September 2016, Peter was Head of Secure Services Inpatient Psychology, and Consultant Clinical Psychologist, at South Essex Partnership NHS Trust. This encompassed a service management role for psychology provision in all secure services within the trust, including a large low/medium secure unit in South Essex and two low secure units in Luton and Bedfordshire. As a Clinician working within this service, Peter gained significant experience in the assessment and treatment of offenders with mental health problems, including experience in using CBT for Psychosis on an individual basis within this population.

Peter has experience in providing reports and giving evidence in courts in both criminal and civil cases. In particular Peter has experience in completing assessments of risk for clients with complex histories of mental health difficulty and offending behaviours. Particular interests include assessments of clinical presentations of psychosis and personality disorder, as well as assessments of response style and factitious presentations (e.g. malingering). Peter has undergone specialist training in the application of a number of different clinical measures (including the International Personality Disorder Examination (IPDE), Psychopathy Checklist-Revised (PCL-R)), as well as structured assessments of risk (e.g. the HCR-20 for general violence and RSVP for sexual violence).

Kiki Mastroyannopoulou – Clinical Lecturer/ Admissions Lead

Kiki qualified as a clinical psychologist in 1993 from the South East Thames Training course. She is Admissions Lead for the programme, overseeing all admissions processes for the programme for Home and International applicants.

Since training Kiki has worked in Bath in a split post (adult and child) which involved establishing an in-patient pain-management course, as well as research on a DH project working with children with life-threatening illness. She then worked in Huntingdon in a multidisciplinary family consultation centre doing generic and paediatric work on the children's ward and in Kings Lynn in a paediatric post. She has worked in a clinical/research post at Addenbrooke's Hospital with children with Disorders of Sex Development. She now works as a Consultant Clinical Psychologist

in the paediatric oncology department at Norfolk and Norwich University Hospital.

Kiki's research interests are in health psychology, mainly in the area of paediatric illness.

Gillian Bowden – Clinical Lecturer / Tutor

Gillian trained as a clinical psychologist with South East Thames Regional Health Authority (now the Salomons course at Canterbury Christ Church University) qualifying in 1990. She worked in adult mental health and primary care NHS settings in South East London before moving to Norfolk in 1998 where she became a Consultant Clinical Psychologist with Norfolk and Suffolk NHS Trust, retiring from this position in 2017.

Gillian is interested in co-produced approaches to service delivery which engage with people in the context of their communities. She is also interested in wellbeing at work and how people manage demanding aspects of work and which factors they find rewarding or protective against stress.

Aside from her NHS Trust work, Gillian was a Clinical Governance Reviewer with the Commission for Health Improvement (CHI) and a Reviewer with the Quality Assurance Agency (QAA). She was the Adult Mental Health Lead for the Division of Clinical Psychology (DCP; British Psychological Society) from 2010 until 2013 and subsequently chair of the East of England branch of the DCP. Gillian is an Associate Fellow of the BPS and a National Assessor. Gillian is currently a council member for the East of England Clinical Senate. Gillian was awarded an MBE for services to mental health in Norfolk in 2009.

Gemma Bowers – Clinical Tutor

Gemma Bowers completed her Clinical Psychology training at UEA in 2009. Since qualifying, she has worked clinically in both child and adolescent mental health, and adult diabetes.

During clinical training, Gemma became interested in the developmental and systemic aspects of OCD in children and furthered this interest in her first qualified position in CAMHS, whilst contributing significantly to an RCT regarding the involvement of families in CBT for OCD in children. Gemma also trained in Acceptance and Commitment Therapy at this time. In her work at the Norfolk and Norwich University Hospital, Gemma established the Clinical Psychology service in the adult diabetes team, training and supervising medical staff to recognise and respond to the psychological barriers to adjustment and poor adherence, whilst also offering individual and group therapy for patients.

Alongside her work at UEA, Gemma continues to work in CAMHS. Her research and clinical interests include the developmental and systemic factors of OCD; child and adolescent anxiety and depression; psychological factors associated with diabetes; mindfulness and ACT-based interventions; and more recently mental health

promotion through school-based initiatives. Gemma is an advisor, lecturer and research supervisor on the Programme. She is also regularly involved in both the UK and international selection processes.

Catherine Ford – Clinical Lecturer / Tutor

Cat completed her undergraduate degree and PhD at the University of Cambridge. She qualified as a clinical psychologist from UEA in 2007. Her DClinPsy thesis examined associations between illness perceptions of stroke in first time stroke survivors and early post-stroke depression and anxiety.

Since qualifying Cat has worked in community-based adult neuro-rehabilitation, first in West Norfolk and then at the Oliver Zangwill Centre for Neuropsychological Rehabilitation, where she was the Family lead and organised the internal CPD programme. In 2011 she joined an innovative inter-agency partnership project as the first community-based Clinical Psychologist in stroke in Cambridgeshire. In 2013 she received an NHS Trust Chairman's annual award for innovation for her work developing psychological support for stroke survivors across Cambridgeshire. In 2015, she was awarded a Quality Improvement Fellowship with Health Education England (HEE) and continued to provide clinical psychology for stroke, while working part-time with several community rehabilitation wards on a project to improve adherence to NICE guidance. In 2016 she was awarded an Advanced Quality Improvement Fellowship by HEE and combined her clinical work with part-time QI projects, including representing psychology in the Cambridgeshire and Peterborough Sustainability and Transformation Programme (STP) stroke network and providing quality improvement consultancy to an Improvement Leaders Collaborative of senior healthcare professionals.

Cat now works part-time in clinical psychology for stroke and at UEA. Her clinical and research interests lie in adjustment to neurological disorders, neuro-rehabilitation, subcortical stroke, psychological aspects of neuropathic pain syndromes, perceptions of the role of Clinical Psychologists and quality improvement in healthcare.

Fergus Gracey – Senior Research Fellow

Fergus is a Senior Research Fellow in the Department of Clinical Psychology, seconded from his post as Consultant Clinical Neuropsychologist in Cambridgeshire Community Services (NHS) Trust. He completed his doctoral training in clinical psychology at UEA in 2000, after which he worked at the Oliver Zangwill Centre, a specialist service providing intensive neuropsychological rehabilitation for people with acquired brain injuries. In this role, Fergus developed his interests in neuropsychological rehabilitation and emotional adjustment, completed a PG Dip in CBT, and went on to become the lead psychologist before working as the clinical lead for a new community service for children with acquired brain injury, alongside his research activity.

Fergus' clinical and research interests are in neuropsychological rehabilitation, specifically self-regulation and executive functioning, identity, and psychological therapy following brain injury. Current studies include a trial of working memory

training for children with brain injuries, and a feasibility study of an Arts for Health group to support people post-stroke. Fergus was a founder member of the BABCP Neuro CBT SIG, and in addition to his honorary NHS roles, is an affiliate of the NIHR CLAHRC East of England, an Associate Editor of *Neuropsychological Rehabilitation*, a Trustee for Headway Cambridgeshire and a Clinical Associate at the MRC Cognition and Brain Sciences Unit, Cambridge.

Joanne Hodgekins – Clinical Senior Lecturer/Research Tutor

After completing her first degree at the University of York in 2003, Jo moved to UEA where she worked as a Research Associate on two clinical trials of psychological interventions for people with psychosis and as Research Coordinator for Norfolk Early Intervention Service. Jo completed a PhD in 2009 examining factors associated with social recovery following early psychosis. This remains her specialist area of interest, focusing in particular on the development of outcome measures to assess functional recovery from psychosis and severe mental illness. Jo is also interested in examining psychological processes underlying positive and negative psychotic phenomena (for example, the use of visual illusions to assess processes underlying hallucinations and anomalous experiences).

Jo completed a doctorate in Clinical Psychology in 2012 and alongside her research is currently working as a therapist on two randomised controlled trials of social recovery focused CBT (SRCBT) in individuals at-risk of long term social disability both before and after the onset of psychosis.

Adrian Leddy – Clinical Tutor

Adrian is a clinical tutor one day a week in the Doctorate in Clinical Psychology Course in the school of medicine. He is also a qualified Clinical Psychologist working with older adults in the NHS, based in Great Yarmouth and Waveney. Further to holding a Doctorate in Clinical Psychology, Adrian is also an accredited practitioner of cognitive analytic therapy, and holds an MSc in Clinical Neuropsychology from the University of Nottingham. Prior to qualification he worked in various psychology services in the South of England.

Imogen Rushworth – Clinical Senior Lecturer

Imogen completed her undergraduate degree and PhD at the University of Sheffield. She qualified as a clinical psychologist in 1998 from the University of East Anglia Doctoral Programme in Clinical Psychology. Post-qualification, she worked in Child and Adolescent mental health services, including inpatient eating disorders, before taking up a post-doctoral Research Clinical Psychologist position at the Institute of Public Health at the University of Cambridge, developing health behaviour change interventions for diabetes and smoking cessation. She has been working as a on the UEA course since 2004, initially as a Clinical Tutor/Clinical Lecturer. She is currently a Clinical Senior Lecturer. Nationally, Imogen is the Treasurer for the Group of Trainers in Clinical Psychology.

Imogen works part time in clinical practice in generic adult mental health.

Imogen's clinical and research interests are currently on refugee and forced migrant populations, particularly the provision of mental health services and support for deliverers of services. She is also interested in the interface between the disciplines of health and clinical psychology and the application of models of change from clinical psychology to physical illness and health behaviours.

Richard Meiser-Stedman – Reader in Clinical Psychology

Richard Meiser-Stedman has studied PTSD in children and teenagers since 2000. He studied for his PhD at the Institute of Psychiatry, where he was funded by a Medical Research Council (MRC) research studentship. He was awarded a Peggy Pollak Research Fellowship in Developmental Psychiatry to undertake further postdoctoral research into childhood PTSD, with a particular focus on PTSD in young and preschool children. He completed his clinical psychology training at the Institute of Psychiatry. From 2009 to 2014 Dr Meiser-Stedman was an MRC Clinician Scientist Fellow at the MRC Cognition and Brain Sciences Unit in Cambridge. While there he led the ASPECTS study, looking at whether PTSD in children and adolescents can be successfully treated using cognitive therapy in the early aftermath of a trauma. He was also awarded an MRC Centenary Award Grant to conduct a pilot trial looking at the treatment of PTSD following multiple traumas in children and adolescents. He is a co-investigator on the PYCES trial (the treatment of PTSD in preschool children) and the PROTECT study (looking at how families shape children's responses to trauma). Dr Meiser-Stedman joined University of East Anglia in October 2014.

Laura Pass- Clinical Lecturer/Research Tutor

Laura studied her Undergraduate degree in Nottingham, where her passion for child and adolescent mental health and clinical research began. This was strengthened after graduating by a year working on a cognitive and genetic ADHD research study at the Institute of Psychiatry. Laura then completed her MSc and PhD at the University of Reading, exploring the intergenerational transmission of anxiety in a longitudinal study of mothers and their infants from birth to starting school. She did her clinical training at UEA 2010-2013, where she continued developing her clinical and research skills in child and adolescent mental health, before joining the Anxiety and Depression in Young people (AnDY) research team at the University of Reading in 2013. Laura's work in AnDY focused on clinical research into adolescent depression, as a post-doc then Research Clinical Psychologist. As part of this work, she co-developed adolescent adaptations of brief interventions for low mood (Brief BA) and sleep problems in the context of anxiety/depression (the 'Sleeping better' programme), as well as leading a charity funded research study evaluating brief mental health interventions in secondary schools. Laura joined the UEA ClinPsyD staff team in November 2018 three days a week (as clinical lecturer and research tutor), and is now developing research collaborations in the region.

Bonnie Teague – Research Tutor

Bonnie combines her role supporting the Research module in the psychology programme with Research Manager of the local Mental Health care Trust. Her work across both institutions has included developing a strategic clinical research development and teaching programme, across Child & Youth Mental Health, Adult Mental Health Services and Dementia and Complexity in Later-Life services. Having obtained a PhD from the University of London, she has worked in NHS research services across the region for the past decade.

Bonnie's main focus on the programme is in the area of ethical research conduct, and supporting trainees to apply research interests to the healthcare setting.

Judith Young – Clinical Senior Lecturer/Academic Tutor

Judith first developed an interest in psychology while studying Biological Sciences at the University of Edinburgh. She completed clinical training at the University of Leeds and was awarded a Research Prize for her thesis on autobiographical memory in chronic pain. Since qualifying in 1992, Judith has worked in clinical psychology services in Norfolk and New Zealand.

Her clinical and research interests are in the area of paediatric psychology. Clinically, she works with children with chronic, life limiting and life threatening illness, with special interests in systemic approaches to physical health care, cognitive behaviour therapy with children and the neuropsychological impact of childhood medical conditions. Judith worked for the Open University in 2007-8.

Since 2008, she has provided teaching in paediatric psychology at UEA and joined the Clinical Tutor team on the UEA ClinPsyD course in 2013.

