



## 4

● **Make a plan to carry out the solution I have chosen**

- What am I going to do? When am I going to do it? Will anything get in my way? How can I overcome that?
- Now put it into action - time to carry out my plan!

## 5

● **How did my plan go?**

- Reflect here how it went, what do I need to do next?
- If it went to plan, what has it taught me?
- If I didn't solve the problem I should choose solution 2 and put that into action