MSc Occupational Therapy Overview of Course Modules - Year 1

Mandatory Training

Rationale
Mandatory training required by the Health Education East of England prior to the start of Practice Placement.

Occupational Therapy Theory and Practice 1

Rationale
This module supports the students’ in learning the core principles, knowledge and skills of occupational therapy for practising in current contexts. This will ensure that students are able to engage in professional practice as students. The module is structured around the human experience of occupation, deepening understanding of this concept through the module, beginning with the relationship between occupation and well being and moving through to facilitating occupation. This understanding will be informed by relevant biopsychosocial theory covered in the Human Sciences module, supported by the exploration of the evidence base in the Research 1 module and complementary to a developing sense of professionalism (professional development module). Learning will be contextualised in contemporary and emerging health, social and community environments.

Professional Development

Rationale
This module introduces the concept of continuing professional development and explores the tools which can be employed in lifelong learning. It asks the students to examine their own experiences and learning needs and to identify appropriate strategies for effective learning. This module develops transferable skills, building on existing academic skills of critical enquiry, research practice, data and information synthesis alongside specific reflective skills. The construction and maintenance of an appropriate portfolio demonstrates the evidence of professional development.

Research 1

Rationale
This module will ensure that students are able to engage with the evidence base for their professional practice to become confident consumers of research evidence and incorporating the evidence base into their professional practice. They will have sufficient experience of research methods to carry out research or audit in clinical or academic environments.

Human Sciences

Rationale
During the Human Sciences (HS) module, students will develop an understanding of human function, including exploration of dysfunction and recovery processes. Clinical reasoning focuses on the scientific components underpinning a biopsychosocial model of function and dysfunction. Thus, the module draws upon aspects of pathophysiology, anatomy, psychology and sociology. The knowledge base which students will build within this module will also inform the skills-based processes of clinical problem solving which they are developing. In this way the module informs the concurrent profession-specific modules of Occupational Therapy Theory and Practice and Physiotherapy Theory and Practice.