

SEXPRESSION:UK CURRICULUM

At Sexpression, we can help your school meet the requirements of the new National RSE curriculum. Our resources are tailor-made to your school and lesson requirements, accessible to all students and LGBT+ inclusive.

Bodily Changes

- Physical and emotional changes during puberty (p35)
- Changes during menstruation and managing them (p35)
- Changes to the body during pregnancy and pregnancy choices (p29)

Sex and the Media

- Laws and guidance about sexting (p28, p30)
- The influence and realism of pornography (p28)
- Influence of media (including social media) on body image and self-esteem (p36)

Contraception and Sexually Transmitted Infections

- Full information on contraception choices (p29)
- Information on STIs including HIV/AIDS and their transmission (p29)
- Treatment, prevention and testing for STIs (p29)
- How to get further advice and access contraception (p29)

Sexual Orientation and Gender Identity

- Information on different sexual orientations and gender identities (p26)
- Prejudice and stereotypes of LGBT+ people (p28)

Healthy Relationships and Abuse

- Characteristics of healthy, unhealthy and abusive relationships; romantic, platonic and familial (p27, p29)
- Criminal behaviour within relationships, including coercive control and violent behaviour (p28)
- Information on improving and supporting respectful relationships (p28)

Sex and Consent

- Laws around sexual consent, exploitation, abuse, coercion, harassment and rape (p29)
- Unacceptable behaviour including sexual harassment and violence (p28)
- Communicate and recognising consent, including withdrawing consent (p29)
- Being ready for sex and resisting sexual pressure (p29)