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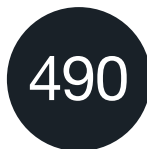
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Information is correct at time of going to print (22 March 2010) but could be subject to change. National Express Limited cannot be held responsible for any inconvenience caused by subsequent changes.

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Issued by National Express, 1 Hagley Road, Edgbaston, Birmingham B16 8TG



national **express**

Coach timetable

Norwich and Thetford

Attleborough
Hethersett
University of East Anglia
Wymondham

to and from

London



national **express**

Leaflet re-order no: **R490/0310**
Note to agents: to re-order visit nxagents.com

Valid from 22 March 2010

Norwich and Thetford to London

Coach number	490	490	490	490	490	490	490	490	490
Bank Holiday arrangements	1	2	1	2				3	3
Days of operation	Mon to Fri	Sat/ Sun	Mon to Fri	Sat/ Sun	Daily	Daily	Daily	Daily	Daily
Great Yarmouth, Market Gates (East Side), Coach stop	---	---	---	---	0840	---	---	---	---
Acle, opposite the King's Head	---	---	---	---	0855	---	---	---	---
Norwich, Bus Station, Surrey Street	0540	0625	0725	0740	0930	1205	1405	1710	2015
Norwich, (Eaton), Newmarket Rd, junction Lime Tree Road	0543	0628	0729	---	0934	1209	1409	---	2019
Norwich, (University of East Anglia), Chancellor's Drive *	---	---	---	0750	---	---	---	1720b	---
☉ Norwich, (Thickthorn), Park & Ride, Lower Shelter	0547	0632	0735	0755	0940	---	1415	1725	---
Hethersett, Norwich Road, Bus Shelter	0550	0635	0739	0759	---	---	---	---	---
Wymondham, Avenue Road, Bus Stop, opposite Fairland Street	0555	0640	0745	0805	---	---	---	---	---
Attleborough, Queens Square, Bus Lay-by, near HSBC Bank	0605	0650	0755	0815	---	---	---	---	---
Thetford, Bus Station	0625	0710	0820	0835	1020	1250	1455	1805	2100
London, (Stratford), Broadway, Stop E	0810	0840	1015	1015	1200	1430	1630	1940	2230
London, (Aldgate), opposite Aldgate Tube Station, Stop R	0840	0855	---	---	---	---	---	---	---
London, Victoria Coach Station	0920	0920	1105	1105	1250	1520	1720	2020	2300

London to Thetford and Norwich

Coach number	490	490	490	490	490	490	490	490	490
Bank Holiday arrangements				2	1	4	5		3
Days of operation	Daily	Daily	Daily	Sat/ Sun	Mon to Fri	Sat/ Sun	Mon to Fri	Daily	Daily
London, Victoria Coach Station	0800	1030	1230	1400	1400	1600	1600	1830	2130
London, (Aldgate), St Botolph Street, Stop B	---	---	---	---	---	---	---	1850	---
London, (Stratford), Bus Station, Stop C	0840	1110	1310	1440	1440	1640	1645	1910	2205
Thetford, Bus Station	1015	1245	1445	1615	1615	1815	1830	2040	2330
Attleborough, Queens Square, Bus Lay-by, near HSBC Bank	---	---	---	---	---	---	---	2100	---
Wymondham, Avenue Road, Bus Stop, near Fairland Street	---	---	---	---	---	---	---	2110	---
Hethersett, Norwich Road, Bus Stop	---	---	---	---	---	---	---	2120	---
☉ Norwich, (Thickthorn), Park & Ride, Lower Shelter	---	1330	1530	1700	1700	---	---	2125	0004
Norwich, (University of East Anglia), Chancellor's Drive *	---	---	---	---	---	---	---	---	0010e
Norwich, (Eaton), Newmarket Road, junction Lime Tree Road	1100	1335	1535	1705	1710	1900	1915	2130	---
Norwich, Bus Station, Surrey Street	1105	1340	1540	1710	1715	1905	1920	2135	0020
Acle, the King's Head	---	---	---	1725	1740	---	---	---	---
Great Yarmouth, Market Gates (East Side), Coach stop	---	---	---	1745	1800	---	---	---	---

Notes

Please be aware that the clocks go forward by one hour on the last Sunday in March and back by one hour on the last Sunday in October. Please contact us to see how the change of hour might affect your journey.

25 December - no service.

26 December and 1 January - limited service, please call for details.

- 1 Does not operate 2 and 5 April, 3 and 31 May, 30 August and 27 December - 3 January.
- 2 Operates additionally 2 and 5 April, 3 and 31 May, 30 August, 29 - 31 December and 3 January.
- 3 Does not operate 24 and 31 December.
- 4 Operates additionally 2 and 5 April, 3 and 31 May, 30 August, 29 - 30 December and 3 January.
- 5 Does not operate 2 and 5 April, 3 and 31 May, 30 August and 24 December - 3 January.
- b Operates Fridays only.
- e Operates Fridays, Saturdays and Sundays only.
- * Lay-by at Zicer Building.

- ☉ When the Park & Ride site is closed, coaches will pick-up/set down on the access road immediately outside the entrance gate.
Opening hours are currently:
Mon to Fri: 0610 - 2000 (2100 Thu)
Saturday: 0630 - 2000
Sunday: closed