

Working with Refugees, Asylum Seekers and other Forced Migrants Recognising Vulnerabilities and Building Resilience

Friday 27th of May 2016

Edith Cavell Building, University of East Anglia, Norwich

Overview

This interdisciplinary conference will bring together an array of experts to explore how best to care for patients who have been forced to flee war and persecution or trafficked to the UK. This conference comes at a time when worldwide displacement is at the highest level ever recorded. Europe alone saw over one million fleeing to its shores in 2015. Individuals who have been forcibly displaced are repeatedly reported to be vulnerable to multiple health needs yet, despite this, research suggests that such individuals often find it particularly challenging to access appropriate healthcare.

Delegates will leave with a deeper understanding around the health needs and vulnerabilities of those from forced migrant groups - alongside ideas about how to support such individuals to recognise and build their own resilience.

Speakers and Workshop Leaders to include:

Maurice Wren, Chief Executive, The Refugee Council

Alex Fraser, Head of Refugee Support, British Red Cross

Dr Angela Burnett, Lead Doctor and Responsible Officer, Freedom from Torture

Andrew Keefe, Director of National Clinical Services, Freedom from Torture

Gervais Koulougou-Mambs, British Red Cross, Norwich

Professor Cornelius Katona, Medical Director, The Helen Bamber Foundation

Dr Sian Oram, Lecturer in Women's Mental Health, Institute of Psychiatry, Psychology and Neuroscience

Dr Frank Arnold, Medact

Samantha Gilliam, Sexual Health Nurse at Doctors of the World

Rosalind Bragg, Director of Maternity Action

Dr Clare Shortall, Family lead at Doctors of the World

Bal Howard, Project Officer for Honour Based Violence at Suffolk Constabulary

Mary Raphaely, Room to Heal and The Grange

Programme

9.00-9.30: Registration, Networking, Tea and Coffee

9.30-10.45: Plenary One; Setting the Context: Migration and Health

- 1) Welcome; UEA, Rosalyn Jowett (Head of School of Health Sciences, University of East Anglia)
- 2) The Current Situation: Migration at a global, national and local level: Alex Fraser (Head of Refugee Support, British Red Cross)
- 3) Key Health Needs: Angela Burnett (Lead Doctor, London Clinic, Freedom from Torture)
- 4) The Lived Experience: Panel of 'Experts by Experience' sharing extracts from their lives

10.45 – 11.15: Tea, coffee and stalls showcasing local support services and organisations working in this area

11.15-12.30: Workshop One

Delegates can choose one from the following workshops:

- Health, Human Trafficking and the NHS: Dr Sian Oram, Kings College London
- Honour Based Violence (Forced Marriage and Female Genital Mutilation): Bal Howard, Suffolk Constabulary
- Working with Survivors of Torture: Dr Frank Arnold, Medact
- Exploring the Mental Health Needs of Asylum Seekers and Refugees, Professor Cornelius Katona, Helen Bamber Foundation
- Addressing Sexual Health Needs in Migrant Groups, Samantha Gilliam, Doctors of the World
- Supporting Pregnant Asylum Seeking Women; Rosalind Bragg, Maternity Action
- Supporting Asylum Seeking Children; Dr Clare Shortall, Doctors of the World

12.30-13.30: Lunch, Networking, Posters and Stalls

13.30-14.45: Workshop Two

Delegates can choose one from the following workshops:

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15.00-16.00: Closing Plenary: Where Next? Thinking about Services of Support

- 1) Building Resilience: Maurice Wren (Chief Executive, Refugee Council)
- 2) Developing services to support survivors of torture: Andrew Keefe (Freedom from Torture)
- 3) Vicarious trauma and looking after oneself: Mary Raphaely (Room to Heal and The Grange)
- 4) Moving Forward and Supporting Forced Migrants Locally: Gervais Kouloungou-Mambs (British Red Cross Refugee Support, Norwich)