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**“Enabling person-centred care:
Developing the Support Needs Approach for Patients (SNAP)
with advanced COPD”**

Seminar Presentation 1 – 2pm

Chronic Obstructive Pulmonary Disease (COPD) is a progressive respiratory condition with high symptom burden affecting substantial and growing numbers of people, at high cost to the NHS. When advanced patients can become housebound and the burden on informal carers considerable. There are known unmet support needs in advanced COPD. Health service policy and guidelines recommend person-centred care as a means of improving care and support for this patient group. Person-centred care advocates a collaborative approach between health care professionals (HCPs) and patients in which patients are enabled to identify and prioritise areas where they need support. Evidence highlights limited use of this approach in advanced COPD. Barriers to delivery include: unpredictability of the non-cancer trajectory, patient difficulties in articulating needs, and organisational and medical agendas that drive service contacts limiting consideration of patient-identified need. The Support Needs Approach for Patients (SNAP) is an intervention that addresses these barriers by enabling person-centred care through an evidence-based tool for identifying and communicating patient support needs. The rationale for this approach is based on the evidence-based Carer Support Needs Assessment Tool (CSNAT) Approach, designed to enable person-centred care for informal carers, increasingly used in a clinical practice nationally and internationally. Modelled on CSNAT, a tool to identify patient support needs has been developed for SNAP, grounded in data from patients with advanced disease (SNAP1 Study). The SNAP tool is now being validated and the feasibility/acceptability of the approach explored in clinical practice (SNAP2 Study). Developed in collaboration with key stakeholders, and informed by both Normalisation Process Theory and the MRC framework for complex interventions, the SNAP tool could enable proactive identification of support needs, facilitating conversations between patients and HCPs, potentially ameliorating crises, with positive impacts on palliative care outcomes and service costs.

Brief Biography:

Morag has worked in health services research for over 25 years, predominantly in palliative and supportive care. Research interests include breathlessness in advanced disease, palliative care, informal carers, older people, and methodology – particularly the development and testing of interventions and mixed methods. As a Senior Lecturer at UEA she leads a research programme on improving care and support for patients and carers living with advanced disease, including the SNAP programme (Support Needs Approach for Patients) which is developing and testing an intervention to enable person-centred care in advanced chronic obstructive pulmonary disease (COPD). This builds on her previous work conducted at University of Cambridge (where she is Honorary Visiting Fellow), including the Living with Breathlessness Study, Learning about Breathlessness Study, and an RCT of the Cambridge Breathlessness Intervention Service developed following the MRC framework for complex. Morag collaborates and publishes with colleagues in Canada and Australia in the field of breathlessness in advanced disease.

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Free. All welcome. No need to book. If you are attending from outside the University, please check the seminar is taking place. Please note: Edith Cavell Building is NOT on the main university campus, it is near Norfolk and Norwich University Hospital. Use postcode NR4 7UL for satnav purposes. Reception will advise about parking: 01603 597001.