

Serena Handout 1



- You are six weeks into the autumn term and are teaching a year 9 class.
- There is a 13-year-old girl in your class, Serena, who is often very quiet and appears tired. You notice that she has some cuts on her arms.
- You are aware that in the past she had a social worker and spent some time living with relatives when her mum was unable to care for her.
- When she arrives at school you notice that she is very tearful.

How confident would you be in dealing with this situation?

What would you do?

What would you say to Serena?

What do you do whilst Serena is talking to you?

How would you know what to do next? How would you discuss what happens next with Serena?

What would you need to support you?