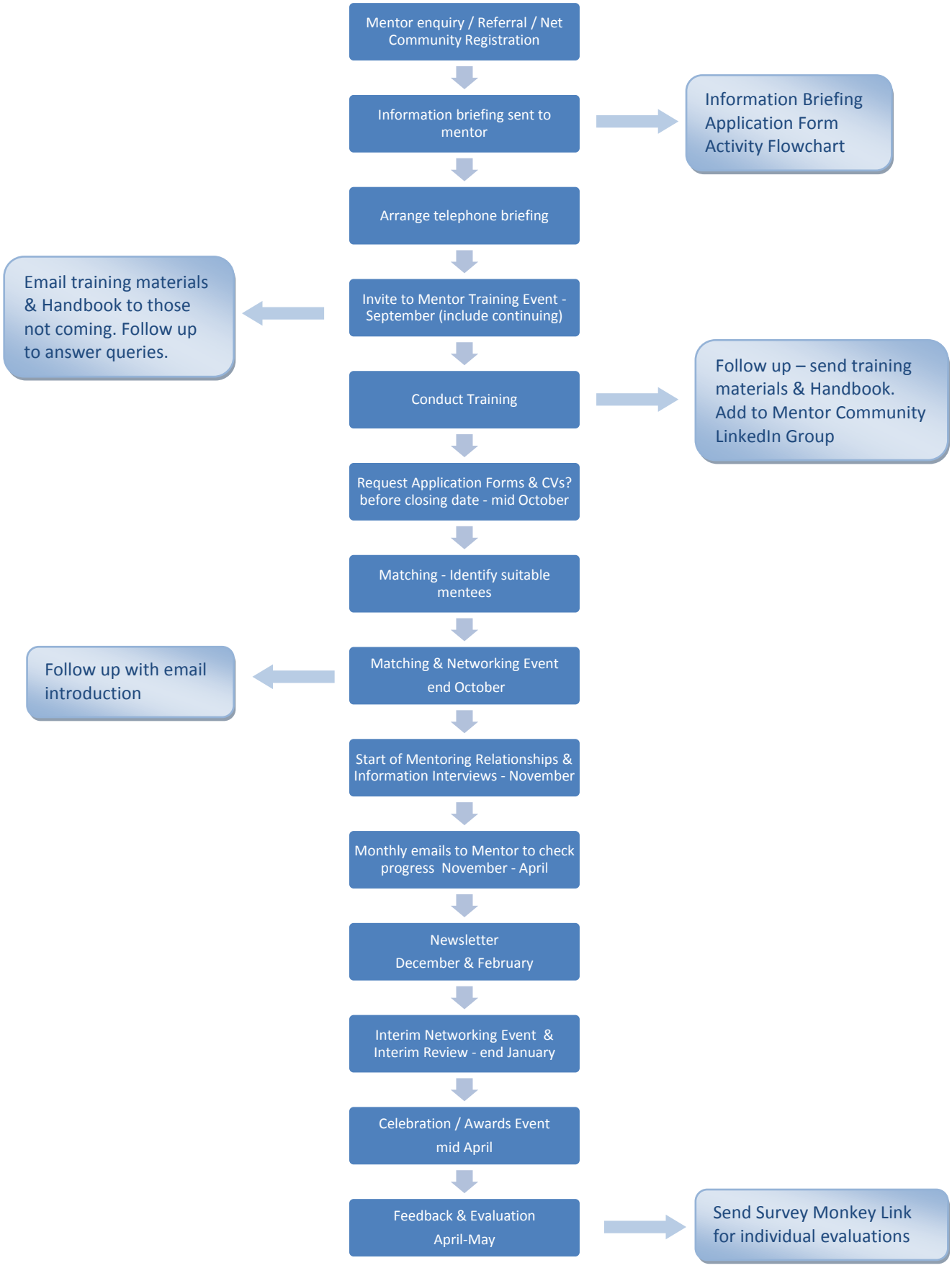UEA Mentoring Programme Mentor Activity Flowchart